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Hilltop Staff

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Fire Alarms Remain Nuisance at Meridian Hill

BY CHRISTINA COLEMAN

The 13th Annual Heart’s Day celebration today in the Blackburn Center will feature the poetry of Ollie and college student by Evan Schramm, a fellow head of the English Department, and the College of the City. The event will also include a reading of the works of the three honorees.

The 13th Annual Heart’s Day celebration today is an annual event celebrated on February 14. The celebration is held in the Blackburn Center, an event that has been held every year since the creation of the Heart’s Day ceremony.

The event is sponsored by the Meridian Hill Park Association and will feature a reading of the works of the three honorees. The honorees are Thea Lewis, a poet laureate for the District of Columbia, and Poet Laureate Eleanor Brown, the poet laureate for the City of Washington, D.C., and Poet Laureate Fordham University, presenting abstracts of papers on the works of the three honorees.

The conference is a free event that is open to the public. The event will feature a reading of the works of the three honorees. The honorees are Thea Lewis, a poet laureate for the District of Columbia, and Poet Laureate Eleanor Brown, the poet laureate for the City of Washington, D.C., and Poet Laureate Fordham University, presenting abstracts of papers on the works of the three honorees.

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**ASB Popular Trip for Students**

BY EBBON FARMER  
notes and more

Axson, gave students an overview of the trip last year. He said, "You are being exposed to a lot of things that will change your perspective on life." He explained that the trip would include visits to the National Mall, the Washington Monument, and the White House. Students would also have the opportunity to learn more about the history of the United States.

"I want to help students understand the importance of having a diverse perspective, and how important it is to be open-minded," Axson said. He added that the trip would provide students with an opportunity to meet new people and to learn more about different cultures.

"This trip is not just about history, but also about getting to know each other," Axson said. He explained that the trip would be an opportunity for students to bond and to form lasting friendships.

"The trip is also a chance for students to show their appreciation for the things that they have," Axson said. He added that the trip would be an opportunity to give back to the community and to help those in need.

**Black History Profile: Benjamin Banneker**

BY CHARLOTTE YOUNG

On Feb. 16, 1731, the first African American to hold a position as an engineer was born in Westmoreland County, Virginia. Benjamin Banneker, who was a self-taught astronomer, mathematician, and inventor, is known for his work in the field of astronomy and his contributions to American history.

Banneker was born into slavery, but he was able to escape and gain his freedom. He later went on to study astronomy and mathematics, and his work was instrumental in the development of the field.

Banneker is most famous for his work on the design of the Federal City, which was the original plan for the capital city of the United States. He was also a member of the Masonic Society and was a member of the Maryland legislature.

Banneker's legacy lives on today, and he is remembered as an important figure in American history. His contributions to science and mathematics continue to inspire people around the world.

**So Much to Do, So Little Time...**

**DMV Social Club**

BY CHRISTINA COLEMAN  
contributing writer

At Howard University, there are many opportunities for students to get involved and to be part of a community. One of the ways to do this is to join a club or organization, such as the DMV Social Club.

The DMV Social Club is open to all students who are interested in exploring the Washington, D.C. area. The club organizes events and outings throughout the year, and members are encouraged to participate in these activities.

The club also offers opportunities for students to network and to meet new people. Members are encouraged to attend events and to participate in discussions and activities.

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**The Hilltop Survey Says...**

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New Standards for Models

BY VANESSA ROZIER  

Full-figured and regularly menstruating, all standards were frequently associated with models, but in some corners of the world things are about to change.

In September 2006, Spain became the first country in the world to turn away models because of their weight, or lack there of.

During Fashion Week in Madrid, Spain, officials decided that models with a body mass index lower than 18 would not be permitted on the catwalk. While aspiring models or well as average young people, are struggling to be thin, diagnostic of eating disorders are becoming more common.

The Eating Disorders Association estimates that about 150,000 people in the United Kingdom are suffering from eating disorders, with at least ten percent of which cause death.

The most common eating disorders are bulimia, which is characterized by a cycle of starving and binge eating, and anorexia nervosa, which can be identified by a refusal to maintain a normal body weight. One percent of women, and between one and two percent of men are diagnosed with bulimia nervosa.

The Skinny: Calculate BMI with the Formula

To calculate Body Mass Index, (BMI) a person's weight in pounds, and that person's height in feet or inches is put into the following calculation:

\[ BMl = \frac{\text{weight in pounds} \times \text{age in years}}{(\text{height in inches} \times 2.54)^2} \]

Orifice that figure is reached, compare it to the World Health Organization standards as follows:

<table>
<thead>
<tr>
<th>BMI</th>
<th>Underweight</th>
<th>Normal</th>
<th>Overweight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below 18.5</td>
<td>18.5-24.9</td>
<td>25.0-29.9</td>
<td>30.0 &amp; above</td>
</tr>
</tbody>
</table>

"The culture of skinny should be changed," said Lynn Greff, CEO of the National Eating Disorders Assoc., the classification of eating disorders by developing perspectives in researching and publishing informational resources for those who seek help, including those who suffer from bulimia, anorexia, and eating disorders.

A person's BMI is a calculation of a person's weight in relation to their height. Once calculated, it can be concluded that one is considered healthy when one's BMI is between 18.5 and 24.9, in alignment with the World Health Organization's standards. Therefore, the standard for models to have a BMI of at least 18.5 but below the standard BMI is 18.5.

While Madrid's standards take effect in November and Italian designers in December of 2006, the U.S. has yet to follow suit.

Experts feel the stagnation of the fashion industry, Grefe said, "is not enough to determine how healthy a model is. The most important thing is for comprehensive physical exams to check to make sure you're healthy."

Moreover, experts agree that one should not deprive the body of food altogether, and physical exams to check to make sure you're healthy. Grefe said, "It's disappointing. It should be changed."
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Students Miss Class for Sporting Events

BY WINNIE CLARK-JENNINGS

In the midst of a myriad of big sporting events going on this weekend, a number of Howard students have been "missing class," according to some teachers. "I'm not going to sit around and watch from my television," said Howard student Thomas Moore. "I'm going to be a part of the excitement, no matter what it takes."

Thomas Moore was one of very few Howard students who were able to get tickets to the high profile Super Bowl game. Tickets for the game sold out months ahead of time and ticket prices peak at $400 per person. "My dad was able to get us tickets for the Super Bowl," Thomas Moore said. "I'm going to be there, we're going to see the Super Bowl in person."

Many of these trips to those sporting events prove to be costly for those on a students budget. Junior française major, Ryan Allman will be headed to the Las Vegas for the All-Star game this weekend with a friend from Howard. He will also meet up with some of his friends from his hometown of Las Vegas, since it is about an hour away. All-Star weekend being almost to be a wonderful selling point for Johnson.

"It's a great way to go out there and see some of the best players out there, so I hope it is going to be worth it," Johnson said.

Aside from the monetary costs of travel to the games, most students have decided to miss class to attend major sporting events. Thomas Moore traveled to Miami to watch the Chicago Bears play the Indianapolis Colts in Super Bowl ALL.

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Basketball Fans Gear Up for Slam Dunk Contest

BY ELLIOTT JONES & PHILIP LUCAS

For years, the Sprite Slam Dunk contest at the NBA All-Star Weekend has been a signature event of the basketball world. However, this year, the competition has failed to draw big names to participate, leading some to believe that the dunk contest is no longer a priority for some players. This year's competition will feature former Olympic Olympian Robinson, who holds the record for the most consecutive dunks, as well as the NBA Shooting Guard of the Year, Dwyane Wade of the Miami Heat. Despite Wade's consistent scoring nights, he has yet to win the Slam Dunk Contest. While Wade has admitted that he is not a priority for some players, he says that this year's contest will be different. Wade says that he is looking forward to competing and entertaining the fans. However, many NBA fans have expressed disappointment with this year's competition.
Facebook fame gets even more personal with diaries

BY SAKITA HOLLEY

Facebook's collabora-

Facebook's collabora-

According to Facebook's Chief Operating Officer Sheryl Sandberg, Facebook has evolved into a mandatory work-related, collegiate and entertainment officer. The gay-themed online video site

Facebook.com is working with Ziddio, an online video site to bring site uses the television show "Facebook Diaries."
Third Time's A Charm: U.S. Mint Releases New Dollar Coin Design

The U.S. Mint unveiled a new $1 coin yesterday in Grand Central Terminal in New York City, the latest attempt to introduce a collector coin. The coin will feature the face of a different American president every three years starting with George Washington and will end with Gerald R. Ford in 2020. The Mint plans to keep the project alive.

This proposal to introduce a new $1 will most likely fail and is simply a great demonstration with American society.

Douglas Mudd, author of "All the Money in the World," pointed out that no coin has ever been introduced in any civilization without the dismantlement of the corresponding paper bill. Americans surveyed said they oppose replacing the bill with the coin. Issues of ease and sex have also been addressed recently.

Our View:
The U.S. Mint should find a better way to introduce the $1 coin into the society.

Directions: Each row, each column, and each 3x3 box must contain each and every digit 1-9 exactly once.

Do you want to write for THE HILLTOP? Come to our budget meeting Monday @ 7 p.m.

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The Hilltop is published Monday through Friday by Howard University students. With a readership of more than 13,000, the Hilltop is the largest black weekly newspaper in the nation.

The opinions expressed on the Editorial & Perspectives pages are the views of the Hilltop Editorial Board and those of the students and do not necessarily represent Howard University or the students here.

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