First Friday on the Yard has become an annual tradition where freshmen and upperclassmen mix and mingle.

First Friday on the Yard
Reunites Howard Family
BY ERIN EVANS

First Friday was hosted by the Howard University Housing and Student Affairs (HUSA) and sponsored by the Howard University Student Association (HUSA). The D.C. metro area was filled with black sororities, fraternities and friends that showed up to celebrate Black History Month. The annual event was held on the first Friday of every month at Howard University. The event featured live music, food, drinks, and entertainment. The attendees were dressed in black and white, and black and red, representing the colors of Howard University. The event was a chance for students to come together and celebrate their culture.

Freshmen Face Real Life Adjustments

BY MELISSA L. TILLY

For freshmen, transitioning from high school to college can be challenging. Many freshmen find themselves adjusting to a new environment, new responsibilities, and new expectations. These changes can be overwhelming, and it can be hard to adapt to college life. However, with the right mindset and support, freshmen can navigate these challenges and thrive in their college experience.

The transition to college can be a difficult time for freshmen. They are leaving the comfort of home and entering a new environment where they must learn to be independent. This can be a challenge for students who are used to having their parents and siblings around to help them. It can also be hard for students who are used to having a set schedule and routine to adjust to the more flexible college schedule.

One of the biggest challenges that freshmen face is adjusting to the new academic environment. College classes are often more challenging than high school classes, and the learning styles and teaching methods may be different. It can be difficult for freshmen to adapt to these changes and find their footing in the academic world.

Another challenge that freshmen face is adjusting to the social environment. College is a new and exciting opportunity for students to meet new people and make friends. However, it can be hard for freshmen to find their social group and feel comfortable in a new environment.

In addition, freshmen may also face financial challenges. College can be expensive, and many students may be paying for tuition, room, and board for the first time. It can be difficult for students to manage their finances and balance their schoolwork and personal responsibilities.

Despite these challenges, freshmen can thrive in college if they are willing to put in the work. It is important for freshmen to be proactive in seeking support and resources to help them navigate these challenges. This may include reaching out to professors, counselors, and other students for support, as well as utilizing the resources available to them on campus.

It is also important for freshmen to be open to new experiences and be willing to step outside their comfort zone. College is a time for growth and development, and it can be a great opportunity for students to try new things and explore their interests.

Ultimately, the transition to college can be a challenging time, but it is also an exciting one. Freshmen can thrive in college if they are willing to adapt to new environments, seek support, and be open to new experiences.
Off Campus Housing Delights Delightdites

BY MATTHEW COOPER

Every year, students more off campus for differ­
ent rea-ns. Some look for cheaper place. Many only
want to be closer to the campus. Some do not receive on-cam­
pus housing. And some are not allowed to stay in the dorms
because they are underaged.

Montgomery County police said that during this year's high school prom sesa­
tion no one was allowed to stay in the dorms. However, some students who were underaged
were allowed to stay in the dorms if they had parental permis­
sion. The police said that they will continue to enforce this rule.

The amount of trash on Howard University's campus continues to be a concern for students.

Students Displeased With Campus Trash

BY JOYLANE SPANN

Newspapers and pro­
motional fliers for the latest
party can be seen as far as
the Blackstone Center to the
Howard Hospital. The trash
that is thrown all over the

campus can be a disappoin­tment to some Howard students.

A trashy campus reflects poorly on the University, admini­
stration's public image, and the students, said Felicia Hutcherson, senior political science major. "It
means they could at least be more respectful of the university faculties and we are just
living in it."

Arden Williams, a junior sports medicine major, said: "I
just don't like it. I'm a clean person and I don't
want to see my campus like this."

"I live in Howard Heights and it's clean,
"I don't like it either," said Agnes Brook, a
junior in mechanical engineering.

Students said that the trash on
the university grounds could be

due to the lack of students
living in the dorms.

Some students have said that the trash is
caused by the lack of students
living in the University Towers
and other off-campus loca­
tions in Maryland. "I've
ever seen this many people
in 20 minutes coming from
the dorms," said Brook.

"I love it. We have been

bedroom furniture and it's
show­

able for just a few dollars," said
Douglas Clark, a junior

in mechanical engineering. "I
don't know what the problem
is."

"I don't think it's

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BACK TO SCHOOL SPECIALS

$35 Flex-Rods, Crimps, or Rods
& 90 TOUCH UP + Regular Style

Or

CUT + STYLE
Alexis Gentle Touch
2829 Georgia Ave. N.W.
202 (669-7913) ask for Michelle

$25 WRAP-CURL, ROLLER WRAPS, BLOWOUT+CURL, FLIP, WET-SETS, FLAT WRAPS, FLAT IRON.

WHBC presents...

BEYONCE: B-DAY (Listening Party)

WHEN: Tuesday Sept. 5, 2006
4:15-7pm
WHERE: CAFE (Located in Blackburn)
FREE CDs & Giveaways!!

Get schooled on saving.
Save an extra 10% with your Student ID*

Studio Day Sofa
3-in-1 sofa, chaise lounge and bed
Natural slipcover included. Assembly required.

Framed Art

Savings 101:
Get more for your money
You’re free-at-last but now you’re footing your own bills. So do your homework before you deck out your dorm room. With our additional 10% student discount you can afford to make campus life more comfortable. Savings solved.

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Candy Tubs

NEW Colors! Selection varies by store.

World Market®
3-in-1 sofa, chaise lounge and bed
Natural slipcover included. Assembly required.

Shag Floor Cushions, Pillows & Ottomans

Shop the world at worldmarket.com

*Must present valid student ID for discount. Offer good through 10/8/06. Not valid on alcoholic gift items. Offer good while supplies last. Call 1-877-WORLD-MARKET (1-877-967-5362) for locations and hours or visit us at worldmarket.com • Associate use Club 2 discount code. Discount code STUDENT06. Enter code STUDENT06 in your shopping cart to redeem online.
Alyssa Johnson, senior advertising aid in the increase of sex activity of pregnancy so by advertising that ing in sex. "One of the biggest deter­rents of girls having sex is the risk without a shadow of a doubt," said
Marie Claire and Glamour. "I have a second chance with Plan B® emergency contraception." 

"I chose a condom, but it broke/ I think [the nlarketing] will cause some to wonder if this will increase pro­miscuity."

Cox noted that the target age population will use it no 1nattcr who the drug is eliminating that risk, it is important for the marketing com­pany to ethically reach the target population and by publicizing the pill and rather promoting aware­ness about the pill.

"A certain percentage of the people will use it and not matter how, it's marketed, therefore circum­stances be safer for those individ­uals." Choudhury stressed that it is important for the marketing com­pany to ethically reach the target population and by publicizing the pill but rather promoting aware­ness about the pill.

Plan B will not be sold to retail outlets or convenience stores, it will only be sold behind pharmacy counters and will provide labeling and education about the use of the pill.

You Have a Second Chance

"A Deluge of Tropical Troubles
After an Uneventful Summer, Storms Churn in the Atlantic and Pacific

Eyes from Charleston, South Carolina to New York are keeping a close watch on Tropical Storm Ernesto, which is expected to drop heavy rainfall on the eastern seaboard through the holiday weekend. The National Weather Service reports that Ernesto remains just behind hurricane status with winds of 75 mph. Lingering wind gusts from Ernesto could reach the coast of Virginia, Maryland, and Delaware. Strong air and rain today is expected through Monday. Meanwhile, this weekend Hurricane John towers just off the Pacific coast of Mexico. Reports indicate that nearly 10,000 people have been evacuated from the Los Cabos beach resort area. Another Pacific storm, Hurricane Kristy, has winds of 75 mph, but is far away from land masses. Kristy is forecasted to strengthen slightly, however, because it's a close proximity to Hurricane John, it may actually become a part of the larger storm.

Expand Your Mind...

Come Write for Nation and World!

Grab a Story at The Budget Meeting
MONDAY, September 4th
7 P.M. on the P-Level of the West Towers

THE HILLTOP
**HEALTH 5**

**25 Years of Living with AIDS**

**By Jacqueline Cook**

Several new contraceptives are being added to the already-wide array of options available to young women. Some students, however, worry that they may not be able to be healthy choices.

**Contraceptive Cause Stir**

According to a study done by Judith Wasserman of the University of Washington, "the presence of certain STDs can increase the chances of contracting HIV in its child." The study found that a person who has both HIV and certain STDs has a greater chance of spreading HIV to others.

"At Howard, there is no way to make sure that you're not infected with a bug that can't be seen or caught," said Foreman. One of the ways to help prevent the spread of the virus is through education. The past few years have seen an increase in HIV testing and counseling at Howard University. The counseling center has expanded availability of Rapid HIV testing for students, making it more convenient for them.

"It is also important to stick with the prevention methods that work," said Foreman. The counseling center at Howard University provides free counseling and testing services for students.

"We have made strides in recent years to improve the services available to our students," said Foreman. "Through our partnerships with local health care providers, we are able to offer a wider range of services to meet the needs of our students."
Student Registration for unclaimed AY 2006-2007 parking permits is schedule for Wednesday, September 6, 2006 from 9:00 AM until exhausted. Registration will be conducted online via the Bison Web on a first come, first serve basis. In order to be eligible for participation in the Student Registration:

• All outstanding citations must be paid prior to registration.
• Students must be validated for fall 2006.
• Students that are chosen for the 9th & V lot must be commuter students.
• For additional information contact the Office of Parking & Shuttle Operations at 202-806-2000.
• Must be of Non-Freshman status candidates

YOUR AD COULD BE RIGHT HERE.

WHY ISN'T IT?

CALL THE BUSINESS OFFICE AT THE HILLTOP IF YOU WOULD LIKE TO FILL THIS SPOT. (202) 806-4749
BY CARYN GRANT
Sports Editor

MEAC Expands Membership to Include Winston-Salem State University Rams

The MEAC, Jamaica Atlantic Conference announced the addition of Winston-Salem State University to their membership last month. The conference is the MEAC's first in nearly a decade.

The move will make Winston-Salem a part of the MEAC for the first time. The Rams began official play in the MEAC this past week.

"We are delighted to welcome Winston-Salem into the MEAC family," said MEAC Commissioner Dr. Dennis E. Thomas in a press statement.

"Obviously we think this is an exciting time for our academic institution with an excellent athletic program."

Later, the Rams of Winston-Salem combined with the other MEAC teams to compete for the conference championship.

"We felt that the opportunity to be a member of the MEAC would afford us a greater number of our long-standing rivalry matches among the member institutions, which we are happy and pleased that the vote has gone in our favor and we look forward to our future competition in the MEAC," Caldwell said.

The Rams, formerly known as the Central Intercollegiate Athletic Association, will compete in nearly a decade.

"We are happy and pleased that the vote has gone in our favor and we look forward to our future competition in the MEAC."
Harlem Move Dance Move May Not Be Mmm, Mmm Good

BY ERIN EVANS

Ten years ago Harlem Shake videos and the dance became a viral sensation. Now at the age of 19, a student of this dance,
Jabari Smith, is trying to defy this trend. He is trying to delve deeper into his creativity which he believes will lead to a better future.

The Harlem Shake trend took off when one video was uploaded to YouTube by someone claiming to be "Bailey S.

However, this trend has many detractors, many of whom believe that this trend was created by someone who had no idea what they were doing. This is because the dance is not very difficult to learn and can be performed by anyone.

But Jabari Smith believes that this trend has the potential to be something much more. He believes that it could be the start of a new trend that could change the world.

So far, Jabari Smith has been successful in his efforts. He has been able to create videos that are not only fun to watch, but also thought-provoking and educational.

Despite its popularity, the Chicken Noodle Soup dance has gained a bad reputation.

"The hardest thing about college is adjustment. It's all about internal discipline because college isn't really that much harder than high school, it's the freedom that creates the problem. Even though you can stay out until 5 a.m., it doesn't mean you have to. It's all about taking advantage of what you're given and make it positive," she said.

"Get active early and stay active. It will make your Howard experience so much better."

-Jose Williams-Bey, senior political science major

The dance is not only fun to watch, but also educational. It can be used to teach kids about different cultures and how they interact with each other.

Some believe singers Beyonce and Rihanna use the stereotypical image of beauty and style as a tool to win fame and fortune. However, there's no way to tell if the two women are actually following this formula.

"Beyonce is the top of charts? I don't know how. But it's not necessarily Beyonce's style; she's just the best at it," said junior marketing major Mercedes Sumpter.

"I don't see how it's the right thing to do with Beyonce or Rihanna. It's like Jay-Z and Beyonce are trying to be the American Dream," said sophomore entrepreneurship major Jelisa Smith.

"I think that 'Dress Code' is a pop artist. It's more of a creative turn, is a pop/R&B hip-hop influences. "

While the two artists use a similar formula to win fame and fortune, they are following different methods. Beyonce has cited her onstage persona, "I'm a strong woman," as her inspiration for her music. Rihanna, on the other hand, is trying to be like Beyoncé trying to be the girl-next-door impression.

"I've been trained in Ballet, Modern and some Hip-Hop and from what I can see there isn't a whole lot of school aspects to the dance but I have seen people try to get creative and switch their moves up which takes you some skill. It's more of a dance than learning and rockin' and rollin'," Wilder said.

"Enjoy yourself, because it goes fast."

-Lauren Fleming, senior television production major

"Take pictures of everything, because the memories you make here will be priceless and you'll want to have some record of them."

-Jabari Smith, senior broadcast journalism major
It's finally over. My first semester of Howard University has come to an end. I, like many other students, am ready to take a break from the stress of school, but I'm also excited to see what the summer has in store for me. I have a few things planned, but I'm also open to any spontaneous adventures that may come my way.

In this issue of The Hilltop, we bring you a variety of stories that reflect the experiences of our students. From Dean of Students to the Office of Multicultural Affairs, our writers have covered a wide range of topics. We hope you enjoy reading about the diverse experiences of our Howard community.

The Hilltop encourages readers to share their opinions with the newspaper through Letters to the Editor. Your perspective is valuable, and we welcome a variety of viewpoints. Whether you support the university's policies or take a different stance, we want to hear from you.

As always, we appreciate your feedback and support. If you have any questions or comments, please feel free to reach out to us. We are here to serve you and provide a platform for voices from all parts of the Howard community.

Sincerely,
Managing Editor
The Hilltop
CLASSIFIEDS
The Hilltop prints Hilltops every Monday, Wednesday, and Friday. The first 20 words are $10 and $.25 for each additional word.

ALL CLASSIFIED ADS MUST BE PAID FOR AND SUBMITTED SEVEN DAYS IN ADVANCE. LATE FEE FOR ALL CLASSIFIED ADS NOT SUBMITTED SEVEN DAYS IN ADVANCE.

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WELCOME BACK NEW AND RETURNING SOPHISTICATED SCHOLARS OF SLOWE HALL TO HAVE A GREAT YEAR

MS. BRANTON AND STAFF

SPECIAL ELECTIONS APPLICATIONS ARE AVAILABLE FOR CANDIDATES INTERESTED IN RUNNING FOR UNFILLED POSITIONS. EMAIL HUELECTIONS@GMAIL.COM FOR APPLICATIONS, INTERESTS, MEETING FRIDAY SEPTEMBER 1ST IN BLACKBURN AT 5:30PM

ATTENTION ALL MUSLIM STUDENTS, STAFF, & FACULTY: JUMA WILL BE HELD IN THE BASEMENT OF CRAMTON AUDITORIUM AT 1:15PM-2:00PM

WATCH OUT!!! IT'S THE ATTACK OF THE SQUABBLE CAT!!!

SITTING WANTED. AVERAGE $10 PER HOUR. FREE FOR JOBS NEAR CAMPUS OR HOME. WWW.STUDENT-SITTERS.COM

HOMESWAPES WANTED PRIVATE ROOMS METRO ACCESSIBLE $425, $475, $525. PLUS UTILITIES. 5113 DECATER STREET HYATTSVILLE MD 20781 CALL CLAURE (202) 445-7600

ARE YOU LOOKING FOR A SPIRITUAL- LY UPLIFTING MINISTRY? JOIN THE CHAPEL CHOIR! REHEARSALS EVERY TUESDAY 7PM-9PM IN THE ANDREW RANKIN MEMORIAL CHAPEL ANTHEMS, GOSPEL, AND SPIRITUALS PREVIOUS EXPERIENCE IS A PLUS, BUT NOT REQUIRED FOR MORE INFORMATION CALL CHAPEL OFFICE (202) 806-7260

WE WERE COOL. EVERYTHING WAS GOOD, BUT YOU JUST HAD TO RUFFLE OUR FEATHERS!!!

SEAN STUDENTS LOOKING FOR REAL ESTATE JOBS AND EXPERIENCE. PAID POSITIONS AVAILABLE. HU LAW GRAD, REAL ESTATE BROKER AND ATTORNEY. CALL TROY AT 301-814-0901 OR TFATHERTON@CS.COM.

POLICY BOARD MEETING IS TUESDAY SEPTEMBER 5, 2006 @7 P.M. IN THE SCHOOL OF BUSINESS ROOM 216

TO ALL MY PEOPLE WITHOUT HOUSING, WITHOUT FINANCIAL AID, WITHOUT VALIDATION, KEEP YOUR HEADS UP!

HU GEORGIA CLUB MEETING ON WEDNESDAY SEPTEMBER 6 IN THE BLACKBURN FORUM AT 7:30 P.M. COME OUT FOR OUR FIRST MEETING AND ENJOY REFRESHMENTS.

SHAKE N' BAKE!

WWW.THEHILLTOPONLINE.COM