Howard Pharmacy Closes, Students Seek Other Options

BY MELIS SA L
STUDENT WORLD EDITOR

Ashley Hagans, a senior accounting major, has had severe environmental allergies since childhood, and her health cabinet is replenished every three months with standard medications.

"In order to have the option of using both Howard’s or my parents’ plan," she said.

However, the Howard pharmacy officially closed its doors this past month, and Hagans, like some Howard students who fill their prescriptions through a pharmacy, plans to switch, but not before.

Hagans decided last year to fill prescriptions for AllegaRx and Barnes & Noble at CVS because the co-payments through her parent’s health plan was $13 cheaper.

"I discovered last year that we have more money and two times CVS," she said. Until last school year, prescriptions at the pharmacy were practically free; however, in an attempt to stay financially stable, the health center charged a fee for some medications last year.

"The pharmacy was not cost effective," said Dr. Levetony Mundy, director of the Student Health Center. "We looked at the number of prescriptions being filled and decided that the pharmacy needed to be cut out of the budget."

The Student Health Center posted notices in the spring semester informing the students of the closing, and the financial changes that would come.

"Howard’s Student Health, Insurance Plan offered a prescription program for the 2006-2007 plan does not provide the same," Mundy said.

Officially, students are now left to their own devices in filling prescriptions. However, in an attempt to provide a alternative, the Student Health Center has established a Howard third party plan with CVS Pharmacy, which will enable Howard students to receive discounts on prescription prices.

Gilbert Mohn, the manager, said that he hopes to have Howard students utilizing the pharmacy at the average wholesale price. All other prescriptions written by any physician at the Health Center and the Howard University Hospital will be discounted 5 percent.

"The CVS Pharmacy realizes that the Student Health Center is excited to bring prescription services to Howard University Student and the Howard University Student Health Center pharmacy on 1900 7th St. NW., on the corner of 19th St. NW. and F St. NW.

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Howard Welcomes Largest Freshman Class to HU

BY DREW COSTLEY

Howard announced the arrival of 5,530 new students, marking the largest freshman enrollment in the university's history. The influx of students has led to significant changes on campus, including an increase in the cost of living and an expanded housing capacity.

Howard University's incoming freshman class of 2006 is poised to make a significant impact on campus life. The increase in enrollment has led to an expansion of housing options and an increase in the cost of living. Students have reported feeling more connected to the campus community, with an increase in the number of extracurricular activities available.

Anthony Gill, a first-year student, said, "I'm excited about getting out of my house more than anything else." Max Larkin, a senior, added, "I was just happy to be back here."その他、学生たちは新しい環境に興奮していました。

The increase in enrollment has also led to an expansion of housing options. Students have reported feeling more connected to the campus community, with an increase in the number of extracurricular activities available.

Students Have Easier Time Moving Into Dorms

BY ANYA ALEXANDER

On August 13, the first day of school, freshmen moved into the Quad with the assistance of campus organizations. Volunteers from student organizations and those seeking community service opportunities were providing guidance and assistance.

Volunteers from student organizations provided guidance and assistance. The volunteers included members of the Class of 2006, who welcomed the freshmen with open arms.

The process of moving in was made easier for the freshmen, with the assistance of campus organizations. Volunteers provided guidance and assistance, ensuring that the freshmen were able to move in smoothly and without difficulty.

A parent's guide to regaining his sanity as Residence Life volunteers assist in moving freshmen ladies into the Quad. Students found this year's process to be much smoother.

BY MANUEL HOLLO

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WANT TO TAKE PHOTOGRAPHS FOR THE HILLTOP?

ALL INTERESTED PHOTOGRAPHERS WITH OWN EQUIPMENT, COME TO THE HILLTOP BUDGET MEETING AT THE HILLTOP OFFICE MONDAY NIGHTS @ 7 PM.
The NAHB invited New Orleans Mayor Ray Nagin to the 2006 convention to speak on "Hurricane Katrina: Truth and Consequences."
Students Say ‘Goodbye’ to Howard Pharmacy...

Alternatives Offer Price Break on Prescription Drugs

BY JAMELLE JOLLEY

Howard University closed its pharmacy last spring, leaving tens of thousands of students with few alternatives for getting their prescription drugs.

"I feel sad about it. I bought my last prescription out of the Howard pharmacy last spring, I love you," said Lauren Ricketts, a senior, 22, at the pharmacy.

"When you become a DC resident, you have your own health insurance plan. How do you get prescription medication for DC residents at the pharmacy under your parents’ insurance plans and, most importantly, how do you get prescription medications for DC residents at subsidized rates. The medicine that is common for institutional, affordable prescription drugs is the option of searching within 3 different categories: individual, short-term and family insurance plans and, also, some popular organizations that cater to health insurance and healthcare needs are available. Blue Cross Blue Shield, for example provides coverage for individuals, families, and organizations. Students can view Blue Cross Blue Shield services offered at http://www.bhsi.com.

Another easy source for information on healthcare is eHealthInsurance.com, which provides easy steps for health insurance; get quotes, compare plans and apply online. Students have the option of signing up for 3 different categories: individual, short-term and small business health insurance.

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Students Seek Healthcare Outside of Parents’ Eye

BY SESO M. IBRAHIM

With the recent shut down of the Howard University Pharmacy, some students are looking for alternatives to the DC Howard University student pharmacy closed, causing a dilemma for ‘students who wish they had their own health insurance plan. How do you get prescription medication for DC residents at the pharmacy under your parents’ insurance plans and, most importantly, how do you get prescription medications for DC residents at subsidized rates. The medicine that is common for institutional, affordable prescription drugs is the option of searching within 3 different categories: individual, short-term and family insurance plans and, also, some popular organizations that cater to health insurance and healthcare needs are available. Blue Cross Blue Shield, for example provides coverage for individuals, families, and organizations. Students can view Blue Cross Blue Shield services offered at http://www.bhsi.com.

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College Students Look For Pharmacist For Pharmaceutical Options

TASHA WALKER

Parents who send their children off to college expect that their children will receive the best care next to their own. One of the most important aspects of being away at college is making sure that your school of choice provides excellent health care services. At Howard University, we offer a variety of health services that are centered around the needs of the students.

College and university pharmacies generally offer a similar types of services to their students. At Harvard University, Harvard University Health Services include dental, pregnancy, mental health, HIV testing, nutritional services and, other. It is common for the pharmacy to provide over-the-counter medications, vitamins, minerals, immunizations, dental and general health care services. At Howard University and Hampton University, all of these services are available on-campus.

"The insurance provided by these institutions generally covers office visits, dental services and, if specified in the plan, essential preventative care will be rendered for students at the university or college," "said a senior, 22, at Howard University. "Most students fall into one of these categories: they have their own health insurance plans, either their school’s plan, or, under their parents’ policies. I don’t have insurance with the school, but it covers very little," Ricketts said. Depending on the university or college, these health insurance plans can be included in tuition, or separate plans.

The medicine that is common for institutional, affordable prescription drugs is the option of searching within 3 different categories: individual, short-term and family insurance plans and, also, some popular organizations that cater to health insurance and healthcare needs are available. Blue Cross Blue Shield, for example provides coverage for individuals, families, and organizations. Students can view Blue Cross Blue Shield services offered at http://www.bhsi.com.

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The Hilltop
Welcome Returning Students and the Class of 2010 to the Howard University Dining Services.

Services provided by Sodexho Campus Services and FDY, Inc.

On behalf of Sodexho, FDY, Inc. and the Dining Staff at Howard University, we would like to welcome all new and returning students to campus. We are excited to introduce you to this year’s repertoire of delicious meal options, which includes a contemporary, crowd-pleasing selection of many of your favorite foods along with some of our own tasty specialties. Whether grabbing a meal in the newly renovated Punch Out or in the all you can Eat Blackburn or Bethune Annex Cafes, it is our commitment to provide the highest level of quality, service and value.

- Campus Services -

Hours of Operation

Blackburn Center Dining Hall
Location: The Armour J. Blackburn Student Center

Monday – Friday
Breakfast ........................................... 7:00 a.m. - 9:30 a.m.
Continental Breakfast ....................... 9:30 a.m. - 10:30 a.m.
Lunch ............................................... 11:30 a.m. - 2:00 p.m.
Light Lunch ...................................... 2:00 p.m. - 3:00 p.m.
Dinner .............................................. 4:30 p.m. - 7:00 p.m.

Saturday & Holidays
Brunch ............................................. 10:30 a.m. - 1:30 p.m.
Dinner ............................................. 4:30 p.m. - 6:30 p.m.

Sunday
Brunch .............................................. 11:00 a.m. - 2:00 p.m.
Dinner .............................................. 4:30 p.m. - 6:30 p.m.

Bethune Dining Hall
Location: Bethune Hall
Meals served at Bethune Dining Hall are only available to the residents who live in the dormitory.

Monday – Friday
Breakfast ........................................... 7:00 a.m. - 9:30 a.m.
Lunch ............................................... 11:30 a.m. - 1:30 p.m.
Dinner .............................................. 4:30 p.m. - 7:00 p.m.

Saturday, Sunday & Holidays
Brunch ............................................. 10:30 a.m. - 1:30 p.m.
Dinner ............................................. 4:30 p.m. - 6:30 p.m.

Meridian Hill Marketplace
Location: Meridian Hill Hall
Open Seven Days a Week
12 p.m. – 10 p.m.

The Blackburn Center Conveniences Store
Location: The Armour J. Blackburn Student Center next to the ATM Machines
Monday–Friday
11:00 a.m. – 5:00 p.m.

The Punch Out
Location: The Armour J. Blackburn Student Center
The Punch Out offers three branded concepts to accommodate for all dining needs: Pandinis which serve pizza, pasta, and assorted Italian food varieties, Sky Ranch Grill which offers a variety of grilled sandwiches and fried products, and Chic Fil-A, a well-known national brand which offers an assortment of chicken sandwiches, salads and nuggets.

Cash and Dining Dollars are accepted.

Monday – Friday
11:00 a.m. – 10:00 p.m.
Closed Saturday & Sunday

Jazzman's Cafe
Location: Howard University Administrative Building
Monday – Friday
8:00 a.m. – 4:00 p.m.
Closed Saturday and Sunday

Smart Market
Location: Howard University Service Center
2244 10th Street N.W.
Monday – Friday
7:30 a.m. – 2:00 p.m.

The College of Medicine Coffee Cart
Location: Main lobby of the College of Medicine
Monday – Friday
8:30 a.m. – 3:00 p.m.

Cafe a La Cart
Location: Main lobby of the School of Business
Monday – Friday
8:00 a.m. – 2:00 p.m.

Bethune Annex Mini Mart (Convenience Store)
Location: Directly in Front of the Bethune Annex Cafe
Sunday–Thursday
10:00 a.m. – 1:00 p.m.

Friday & Saturday
10:00 a.m. – 12:00 a.m.

See What’s Cooking Online At
www.howard.edu/dining

Email Questions or Comments To
blackburncafe@yahoo.com
thepunchout@yahoo.com
bethunecafe@excite.com
Men's Soccer Hopes Remain High Despite Losses

BY WINNIE CLARK-JENKINS

Tuesday's game against George Washington did result in a 2-0 win, but the team has high hopes of a successful year, as they begin competing against teams in their conference, the Atlantic Soccer Conference. Stiff competition from other teams in the ASC will be challenging throughout the season. The Bison were good in the first half, but the final score was a good tournament for the unbeaten record this weekend.

A U G U S T 2 8 , 2 0 0 6 S P O R T S

BISON SOCCER KICK OFF 2006 SEASON

With high-performance returning from the last season, the team is looking forward to playing good soccer as a unit.

ST R O N G . "It's proven that it takes a complete game to get to the next level," said senior coach, Jason Gross. "We didn't win, but we are really happy to see our team continue to grow throughout the season." Although the contest was a good test of how the team has performed, the Bison continue preparation for their season opener against Adelphi, a game that was considered successful as they begin their conference, the Atlantic Soccer Conference. Stiff competition from other teams in the ASC will be challenging throughout the season.

BISON SPORTS SHORTS

New Offense Looks Promising in Bison Football Scrimmage

The Bison football team gave a glimpse of what fans can expect for the 2006 season during their intra-squad scrimmage on Saturday. The team has worked hard and put in a bit of work, but the offense designed to provide more production on offense against Adelphi. Former Bison, Williams and Tech, are both out of the lineup, said senior coach, Curtis Laney. "The first half was the best we have played all year, and the final was a good tournament for the unbeaten record this weekend."

Bison Sports Shorts

New Offense Looks Promising in Bison Football Scrimmage

Despite much turnover and numerous injuries suffered throughout their season, the Howard University women's soccer team were able to work through the obstacles to make a good showing first home game on Saturday. Although the offense ran into some problems, the Howard women's soccer team were able to work together as a complete team of 11 for the first time all season, and put up a tough fight against the Red Flash.

Scoreboard & Schedule

SCORES

Men's Soccer

Friday

Howard 0

American 2

Sunday

Howard 0

George Wash. 2

Women's Soccer

Saturday

St. Francis 2

Howard 0

TODAY'S GAME

Women's Soccer vs. Charleston Southern

2 p.m. @ Greene Stadium

Lady Bison Soccer Falls (2-0) to St. Francis in Season-Opener

BY WINNIE CLARK-JENKINS

Despite clouds overhead and numerous injuries suffered throughout their season, the Howard University women's soccer team were able to work through the obstacles to make a good showing first home game on Saturday. Although the offense ran into some problems, the Howard women's soccer team were able to work together as a complete team of 11 for the first time all season, and put up a tough fight against the Red Flash.

"They played very well," head coach Erinn Gavre said. "This is the first time we won all 11 players on the field."

Saturday afternoon's game was Gavre's debut game as head coach of the women's soccer team. She served as an assistant coach to the Bison team throughout her collegiate career.

Gavre said, "We worked hard and we were able to make seven saves over the Red Flash's five saves. Howard attempted three shots during the game, while the St. Francis (Pa.) attempted twice, both of which were successful. The goals were made by Red Flash senior Ashley Knab and Nikki Khanna in the 36th minute and the 61st minutes of the game, respectively.

Although their game statistics were not good enough for a win, the ladies of the Bison team brought the same effort. For the past three weeks, the players have been practicing twice a day in intense heat. With many practices underway, the team members hope only to get better as a whole.

The Lady Bison hope to come from their second home win with a win, but with little time around time between Saturday's game and this weekend's home game, the team will have to play with the same effort.

The women's soccer team will play today at 7 p.m. in Greene Stadium against Charleston Southern University.

TODAY IN SPORTS HISTORY...

BY BRITTANY HUTSON

Commercially, the Helio is the Hello with a tagline, "Don't call it a phone." Students at Howard University are among the first to sign up for the cell phone program. The program, launched by a joint venture of Boeing, Microsoft and Innovate Institute is an entrepreneurship boot camp. The program was very motivating and has helped me improve upon in the future. There are two types of Helio phones available on the market. The Hello which sells for $49.99 and the Kildy for $149.99. The Helios offered by Hello Services are direct access to MySpace, the ability to first move technology, agents, pictures and entertainment and instant access through YouTube. Legendary names like 2PAC, Usher and Snoop Dogg use flash, secrecy, and video

Sonya Hardwick, an entrepreneurship major in the entrepreneurship program at Howard University, said that the program could be accomplished by staying focused. Students also offered their opinions about last year's boot camp and what can be improved upon in the future.

"I think there should be more promotion and awareness for the program throughout the semester, not just during Parents' Weekend,"冢 says. Sophomore business major Alexi Phelous, who participated in last year's boot camp, said that the program could be improved on in the future. She said that the program was very motivating and has helped her improve upon in the future. The program was good and that is why she has been interested in the future. Ms. Hardwick also said that the program could be accomplished by staying focused. Students also offered their opinions about last year's boot camp and what can be improved upon in the future.

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"I think there should be more promotion and awareness for the program throughout the semester, not just during Parents' Weeken...
Welcome To the Mecca Madness

You made it! We at The Hilltop officially welcome the Class of 2010 to the Howard family. Now that you are set, let’s get down to business.

We know you have been getting advice about college ever since high school graduation but there are a few things unique to the 110 year old experience that only a seasoned student can tell you on in. First off, be sure to remember everything at least twice, point off confrontations and documentation for things that directly affect your livelihood as a student. Back home to financial aid, though we all know Howard’s rich legacy, our school is also notorious for paperwork mix-ups. They may sting when these scenarios happen (and they will) and realize that these frustrations only prepare you for life outside of Howard. Let us make the only thing you ever need to know—your G.P.A. higher than your ego.

We are here to help you, and we want you to be educated. We want you to learn the realities of college life, we also want you to have fun. A major part of your college experience is being a Howard student. Let us confirm that you have been fully prepared for life outside of Howard. So, go to class and gain as much knowledge as you can and end the first year with the feeling that you didn’t do all you wanted to do while you were here by setting goals and developing a plan for your own success. Don’t just pretend that you can do better (like taking attendance) until tomorrow. You never know what the future holds. Be safe and remember, there is a lot of people counting on your success. So... you have arrived... now make us all proud!

Our View: Freshmen—play hard, work hard and be prepared to get on your grind.

Want to write for The HILLTOP?

Come grab a story at the budget meeting on Monday @ 7:00 pm

THE HILLTOP
The Nation’s Only Black Daily Collegiate Newspaper

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Business Office: (202) 803-6279

www.thehilltop-online.com

Drew Costley, JD
National Coordinator National Congress for Human Rights Education

Cross-Cultural Linkages in Immigration

Rev. Rudolph Sutchel, JD

As African descendants view images of our enslaved ancestors, let us make the connection in our minds and hearts that galvanizes us to act for justice and against oppression—whatever way it may manifest itself—particularly right here in the United States.

Many of us, as African Americans, remember that it was mainly because of our ancestors forced onto ships, who lived and were exploited, often over long arks. As people who have been forced to repeat it.

The U.S. government promoted and benefited from slavery, and in its reliance on human rights for far longer than has not. Let us not walk blindly as co-occupants with modern day enslavement as well as the capitalist and oppressors, or another group of people. Let us not be divided and with an understanding that violence exists contrary to our own brokenness. Remember, our perspective will be the truth of what we know that history is bound to repeat it.

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