2-28-1997

The Hilltop 2-28-1997

Hilltop Staff

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### Historical Society seeks to recognize Emancipation Day

**By Karen Thomas**

The year was 1866 when the Historical Society of Howard University, now known as the Howard University Historical Society, was founded. The organization's purpose was to promote the study of the history of the African-American race and to commemorate the Emancipation Day, the day slaves were freed from bondage.

The society's founders believed that the history of the African-American race was important and that it should be studied and preserved. They believed that by studying the history of the African-American race, people could learn from the past and understand the struggles and achievements of their ancestors.

The society's founders also believed that the Emancipation Day was a day of celebration and a day to remember the sacrifices made by those who fought for freedom.

Today, the Historical Society of Howard University continues to promote the study of African-American history and to recognize the Emancipation Day as a day to remember the sacrifices made by those who fought for freedom.

### Remembrance

**By Kayla Green**

U Street has been a source of remembrance for many. The street has been the site of many important events and has been a place where people of all races have come together to celebrate.

In the 1960s, U Street was a vibrant and lively neighborhood. The street was home to many of the city's last black-owned businesses and was a place where people of all races came together to socialize and celebrate.

Today, U Street is still a source of remembrance for many. The street is home to many of the city's most important businesses and is a place where people of all races come together to celebrate.

### Elections committee verifies government slates

**By Keemie D. Willamson**

The Howard University Student Alliance (HUSA) is holding its first slate election for the 1997-1998 school year. The election is open to all students and will be held on Monday, February 17th.

The slate election is an important part of the Howard University Student Alliance's democratic process. The slate election will be held in the University Center, and will include a series of events to promote participation and inform students about the candidates.

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Honor society closes out Black History Month with tribute to Douglas

By Ansha M. Willimas    HU Staff Writer

In one corner of the room by a display filled with photographs and artifacts, the emotions ran to the surface of a man who also had triumphed through adversity. The events transpired when Freeman Hrabowski III, the president of the University of Maryland-Baltimore County, addressed the student body of Howard University's Frederick Douglass Honor Society.

Hrabowski, a self-proclaimed technological and philosophical advancement of ancient Kenitic civilization is ubiquitous in Western civilization and Latin American culture.

 "We don't experience that you are not like a special Negro education," said Freeson. "My aim is to better Howard." "In order to attain freedom from the limitations put the next Mr. and Ms. Howard," Jones said.

She doesn't want to be a teacher. "I get motivation to making the most of our work in the community," Freeson said. "I want to be a leader, not just a person who gives speeches and other expenses accrued during the event, and told them about the tree.

"Spike Lee, the founder, pres-ident and CEO of HBO Inc. also attended the meeting and encour-aged students to reach for their dreams and make whatever sacrifices were necessary to get to the top. Freeson's seminar was sponsored by the National Black American Honor Society and the National Black Student Union.

She said she has tried to teach young women to be strong. "I'm writing a book about the power of our minds," Brown said. "I was very impressed, but I brought it for this group to get together.

"I think that we can accomplish anything if they train their minds to do things under the platform. "I look forward to the next Ms. Howard," Jones said.

"I was surprised by the comments," Freeson said. "They believe that people can accomplish anything if they think the best way to represent and show the best way to represent and show.

With upcoming projects such as the 10 community service projects that the students have planned, Freeson said he is looking forward to the next Ms. Howard, with whom he plans to work closely.

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In the first time in 10 years, and University is making big steps toward improving its research reputation, which slipped from No. 44 in 1996 to No. 110 in 1997, according to the latest Academic Ranking of World Universities released by Shanghai Jiao Tong University.

\[ \text{Equation}\]

**CROSS-REFERENCE**

The first mention of Howard's research is in the context of President H.R. Swygert's Strategic Framework for Action plans to build new research libraries around the country. The university's ranking improvement is attributed to President Swygert's strategic initiatives.

**CROSS-REFERENCE**

The pageant has helped the university in several ways, including supporting hands-on training, providing resources for research libraries, and encouraging students to compete in the Miss USA pageant. The pageant has been held in Shreveport, Louisiana, and has featured contestants from around the country.

**CROSS-REFERENCE**

The university is committed to improving its research facilities and resources, including building new research libraries and enhancing electronic resources. The university's focus on research is driven by the need to remain competitive in the global academic landscape, with the ultimate goal of increasing its ranking and reputation.

**CROSS-REFERENCE**

The university has been working to improve its research capabilities and resources. The University's strategic framework includes building new research libraries, enhancing electronic resources, and encouraging hands-on training. The university is also committed to improving its academic ranking, with the ultimate goal of increasing its standing among top research universities.
With these fares, your car won’t have to survive a trip to New York.

Just to the airport.

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Howard University College of Arts & Sciences Presents... The Fifth Annual Woman To Woman Conference “Sisters Let’s Talk... Embracing the Strength of Womanhood”

...Featuring Emmy Award Winning Rae Lewis Thorton

March 6, 1997
9:00 AM - 3:30 PM
Howard University Blackburn Center
LOCAL

Wilson’s provides friendly atmosphere, good food for Howard community

By Aisina Bellard

It’s a great place to eat! I don’t mind my soul food anymore, said editing student Christopher Lee. "My mom used to cook it all the time." But his favorite food is a "soul food restaurant," he said. "I like it because the food is good and the atmosphere is friendly."

"The atmosphere is friendly," Lee said. "I really enjoy it."

Story of Wilson’s

The story of Wilson’s began in 1948 when Carl Wilson opened The Florida Nester Grill. With contributions to his blood, Carl’s son and grandson, John Wilson, Jr. and John Wilson, Sr., expanded Wilson’s in 1994. Food selections at Wilson’s are not limited to soul food. They have a variety of foods that are not only delicious, but also healthy. Wilson’s offers different dishes throughout the week, including chicken and waffles on Monday, turkey wings on Monday, and a variety of seafood options on Saturday.

Walking into Wilson’s you’ll see a sign that says, “Please seat yourself.” Look up and you’ll see helmets and hats from a number of NFL and professional baseball teams as well as a Lady Bison shirt, which hangs from the ceiling and rests in a basketball hoop.

"Everybody comes here," said John Wilson, Sr. "It’s home, full-time company and friends of the owners, ‘people from Congress, entertainers, guys on the street.’"

Living the walls are photographs of entertainers, athletes, and politicians who have frequented the store. Wilson’s attracts such notable figures as the Rev. Jesse Jackson, D.C. Mayor Marion Barry, rapper MC Ebin, actor Denzel Washington, and director Tony Bennett. "The last night I worked in there was with the show every day," Wilson said. "And the museum was established in 1962 by the Historical Society of the Anacostia.

Historic Site

With the help of the Anacostia museum, located at 1000 12th St. SE, the museum was established in 1967 as a way to teach Black history. The museum was started as an experiment, but now it has a life of its own," Hicks said. "We have evolved into a community museum with the mission to disseminate information about African-American history and culture."

For more information about the Anacostia museum, call (202) 287-3569.

Local museums a beacon of light in area communities

By Lolly Bowes

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Local museums are a beacon of light in area communities. The Anacostia museum, located at 1000 12th St. SE, is one of the many museums that serve the community.

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1998 Yearbook Editor-in-Chief

The Hilltop

Religious Emphasis Week

March 9-16, 1997

The Spiritual and Ethical Dimensions of Leadership

Sunday, March 9, 1997

Dr. Cornell West

Author of Race Matters

Rankin Chapel 11:00 am

Monday, March 10, 1997

Iyaana Vanzant

Author of Act of Faith

Cramton Auditorium 6:00 pm

Tuesday, March 11, 1997

Na’im Akbar

Author of Ghana and Images of Psychological Slavery

Cramton Auditorium 7:00 pm

Wednesday, March 12, 1997

Dr. Beecher Hicks

Pastor of Metropolitan Baptist Church

Rankin Chapel 12:00 noon

Wednesday, March 12, 1997

Student Led Service

Granger Brown and Choir

Pastor of Emmanuel AME Church

Friday, March 14, 1997

Dr. Stephen Carter

Author of Race Matters

Rankin Chapel 8:30 pm

Sunday, March 16, 1997

Bishop John B. Bryant

Cramton Auditorium 6:00 pm

Applications and pertinent information is available in the Student Activities Office, Suite 117, Blackburn Center.

Application deadline: March 10th

Not later than 5:00 PM

Interviews are scheduled for March 17th

Sign up for an interview time at submitting completed application

Only eligible candidates will be interviewed.
Southern Black lawmakers seek to eliminate southern traditions they see as racist

By April Turner  
Hilltop Staff Writer

A movement to eliminate southern traditions is gaining momentum among many African Americans as they seek to remove symbols that they consider offensive to others. The movement has been gaining traction in states such as Virginia, Florida and South Carolina.

In Florida, there is a movement to scrap the African American flag, also known as the Black Heritage Flag. The flag is similar to the African American flag but with a black background and white stars.

"Black Heritage Flag advocates believe it represents a new direction for the state," said Rep. Carolyn Thompson, D-Florida. "We need to move away from symbols that promote division and toward ones that promote unity and pride in our history."

In Virginia, there is a proposal to change the state song, "Carry Me Back to Old Virginia." The song, which was written in 1861, is offensive to many African Americans due to its use of the word "Negro." Rep. Virginia Foxx, R-Virginia, has introduced a bill to change the song to "We Shall Not Be Moved."

"The song is offensive and perpetuates harmful stereotypes," Foxx said. "We need to move away from symbols that promote division and toward ones that promote unity and pride in our history."

In South Carolina, there is a proposal to change the state banana flag to the Civil Rights flag. The Civil Rights flag is a black, red, and green flag and is a symbol of the struggle for civil rights.

"The state flag is a symbol of our state's history of oppression," said Sen. John Scott, D-South Carolina. "We need to move away from symbols that promote division and toward ones that promote unity and pride in our history."

Many African Americans believe that these changes are long overdue.

"These changes are long overdue," said Rep. John Lewis, D-Georgia. "They are a step towards healing the wounds of the past and promoting unity and pride in our history."

The movement is gaining momentum as many African Americans seek to remove symbols that they consider offensive to others. The future of these proposals remains to be seen, but many African Americans believe that these changes are long overdue.
The truth about America's "melting pot" is slowly being dispelled as emphasis is placed on the importance of teaching cultural differences and understanding cultures other than one's own.

Professors at Howard University, in the interest of promoting their new International Center as a focal point where students use the center, have carried their message to other Howard students.

"We should look beyond the students who are already interested in international affairs," said Coles, who has served in Senegal. "I consider it one of my highest achievements because I have the opportunity to work with many gifted scholars who are interested in international affairs." Howard has been well-represented in the IAC as a focal point where students and faculty could come together to discuss the importance of international affairs. It is a place where students can use the center to educate students and faculty about the importance of international affairs.

In conclusion, Coles encourages students to utilize the center more. "Students should study the importance of international affairs and be aware of the shapes and international affairs conferences that fit a variety of interests and places. We have had three major conferences in the past three years at Howard distinguished scholars, and we published a considerable report on the subject. The publication was titled "The Transformation of Ethnicity and World Politics," and was paid for by Elton Skinner.

"The purpose of the center is to educate students and faculty about the importance of international affairs," said Coles. "I consider it one of my highest achievements because I have the opportunity to work with many gifted scholars who are interested in international affairs." Howard has been well-represented in the IAC as a focal point where students and faculty could come together to discuss the importance of international affairs. It is a place where students can use the center to educate students and faculty about the importance of international affairs.

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ABILITY TO CLONE SHEEP POSES ETHICAL PROBLEMS FOR HUMANS

On Sunday night scientists in Edinburgh announced that they have cloned a mammal for the first time in history. While the scientists insist that they have only done this for medical purposes, many have asked why they bother inventing new diseases and starting a whole new set of dangers.

Despite the unanimous assertion in the scientific community that cloning human beings would be unethical, the very knowledge of cloning is problematic. Ethics has never stopped Western civilizations from carrying out heinous plots. The holocaust, the slave trade and the invention of nuclear weapons have always been justified by the belief that new technologies will be used for good, not evil purposes. The clones will be just as easy to clone sheep and will be just as easy to clone humans. The only difference is that we have not yet built the technology to clone humans.

THE VIEW

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the color of self

When it was time to formalize my friends, 10 years ago, these were the words that came to mind: "I wish you would just have just parted my curly, frizzy hair and I'd be a different girl." I'd have been permed, "a"-popped, and put in a "natural" dress. I'd have been "pretty." It was very important to me to be pretty. People around me would have been very different. I would have been much more interested in the "natural" color of my hair. I'd have been more interested in the "natural" woman with hopes and dreams that were cut off from within. And it was through infantile eyes that I understood. I understood that all of these things had to go. I finally accepted that this is what I really am. I finally accepted that this is who I really am.

Looking instead in my classmates' eyes, I saw Whites, but I also saw Blacks. I saw Hispanics, Asians, and Native Americans. I saw all of my classmates looking at me from their own eyes. I finally accepted that this is who I really am.

It was a very important moment for me. I finally understood that this is who I really am. I finally accepted that this is who I really am.

But as the story goes, all things almost seem to be almost always at risk. This would be the case with my life. This would be the case with everyone's life. This would be the case with the lives of all of my classmates.

The writer is a sophomore majoring in print journalism.

The Hilltop

BRER RABBIT AND THE RELIGIOUS SOLICITORS

It's so hard to say good-bye to O.J.

Phil Simon

II was walking down the street, getting in a kind of spiritual state when I didn't even know it was happening.

One day this past week, it happened again. I was trying to resist Brer Rabbit's religious solicitors. I was trying to be on my way to the bus stop. So I didn't even know it was happening. What a past to the bus stop.

There were two men, both wearing suits, both wearing ties, both wearing glasses. They were both smiling. They were both talking. They were both trying to sell me something. They were both trying to sell me a newspaper. They were both trying to sell me a way of life.

"Excuse me, Mr. Brer Rabbit," said the first man, "would you like to buy a newspaper?"

"No, thanks," I said, "I don't even know what a newspaper is."

"Well," said the second man, "would you like to buy a newspaper?"

"No, thanks," I said, "I don't even know what a newspaper is."

"What do you want?" asked the first man.

"I want something to read," I said.

"What do you want to read?" asked the second man.

"I want a newspaper," I said.

"What do you want to read?" asked the first man.

"I want a newspaper," I said.

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or e-mail us at thehilltop@cldc.howard.edu
Merger views still split
Students, professors prepare for University changes

By Yvonna Saunders
The Hilltop Staff Writer

asked by editing machines, a couple of personal
phones, televisions, and an empty microphone.
At the center, Howard, says Holman, is a small
decorative study where the "Jelly's Last Jam" cost
enough to hang the best, Fountain Hall (adjacently
discussed features of the Arts and Sciences building.
Don't be surprised if you find me sitting in the
library, says Howard, when he introduced to Black
history and culture when he was a child. "I let us
from apart from other HBCUs. As an
"University and came in at the ten-
women among other institutions such
Churchill, Chapel Hill, and Northwestern," he
said. "The issue is our program would be communications,
from Howard University and to
"No Bases Center, Temple.

A pencil or pen may be the only tool you have to
draw a portrait of Bob Dylan, but the songwriting
gift he possesses is what sets him apart from the
rest. "As artists we need to have our own separate
place," said Professor Akeel, "other than theatre or
arts.

Students, however, see a different future.
"It makes no sense," said Tristen. "If Fine Arts
should have a Fine Arts college, it would
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John Singleton buys into Hollywood's demands with new movie "Rosewood".

By Jeffrey Lytes

Hollywood Reporter

For the first time in moviemaking history, an African-American director has the power to make a picture not only for himself, but also for the audience. With the release of "Rosewood," directed by John Singleton, the era of African-American filmmakers taking charge of their own projects has begun.

The movie tells the story of a small town in central Florida where a race riot occurred in 1923. The film, which stars Ving Rhames as the matriarch of the town's African-American community, was produced by Singleton and his production company, Three Black Males Productions.

Singleton, a young and talented filmmaker, has long been a champion of African-American film. He made his debut as a director with the film "Poetic Justice," which was released in 1993. The film, which was based on the hit song of the same name, was a critical and commercial success.

Singleton's latest film, "Rosewood," has been met with critical acclaim. The movie has been praised for its realistic portrayal of the race riot, as well as for its powerful performances. Ving Rhames, who plays the town's matriarch, has been particularly lauded for his portrayal of a woman who is determined to see justice for her community.

Singleton's success with "Rosewood" is a testament to the power of African-American filmmakers. It shows that when filmmakers are given the opportunity to tell their own stories, they can create powerful and impactful films that resonate with audiences.

From the article:

"Empire Strikes Back" impresses

By Jeffrey Lytes

Hollywood Reporter

The long-awaited sequel to the original "Empire Strikes Back" has finally arrived, and it is a surefire hit. The movie, which was directed by Richard Donner, was released in 1980 and has been highly anticipated by fans of the original trilogy.

The movie follows the adventures of the rebels as they continue their fight against the Empire. The story is filled with action, adventure, and drama, and the special effects are nothing short of amazing.

The movie was a success, and it helped to solidify the "Star Wars" franchise as one of the most popular in Hollywood. It also introduced new characters, such as Lando Calrissian and Leia Organa, and set up the events of the next movie in the series, "Return of the Jedi.

Lucas improves sequel film

By Jeffrey Lytes

Hollywood Reporter

George Lucas, the creator of the "Star Wars" franchise, has made a name for himself in Hollywood with his innovative and exciting films. His latest film, "Empire Strikes Back," is no exception.

The movie is a sequel to the original "Star Wars," and it follows the adventures of the Rebel Alliance as they continue their fight against the Empire. The story is filled with action, adventure, and drama, and the special effects are nothing short of amazing.

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Howard University plays host to Miss Black USA Pageant

By Craig Brunner

Hilltop Student Writer

Howard University hosted the Miss Black USA Pageant on February 12. The pageant was held in the Audrey Smith Theater and was attended by a sold-out crowd.

The pageant was designed to showcase the beauty, talent, and intelligence of African-American women. The competition included a variety of events, such as a swimsuit competition, an evening gown competition, and an interview portion.

The winner of the pageant was Miss Black USA 2019, Dominique Johnson. She was crowned at the end of the show and received a trip to the Miss Black USA Competition in South Africa.

The pageant was a success, and it helped to highlight the achievements of African-American women. It also helped to promote the Miss Black USA Pageant as a platform for young women to showcase their talents and abilities.

Compilation album set pays tribute to heritage of Black music

By Craig Brunner

Hilltop Student Writer

The Hilltop Student Media has released a compilation album that pays tribute to the heritage of Black music. The album features a variety of music genres, such as R&B, soul, and gospel, and includes songs by a range of artists.

The album is a celebration of the contributions of Black musicians to the world of music. It highlights the importance of music as a form of expression and a means of communication.

The album is available for purchase, and it is a valuable addition to any music collection. It is a reminder of the rich history of Black music and the enduring legacy of African-American artists.
Sade's band members' debut album just as 'sweet' without singer

By Natalie Y. Moore
Managing editor

In same Sweetback context is itself, with something to say, something to change the band, it is
unlike the Lady
Sade
of the first album. With a
artistic gravity, "9:30 soul," lusting for Sade. Listeners
first gravitated toward the group's music and
.( wines and programming) and
( hip-hop. R&B and funk.)

InSweetback, more than a decade. Now.
Sweetback has a debut solo album. Sade's
Sweetback consists of
back-up singer Leroy Osborne at the
9:30 Club last week. It was
Kwesi's former
Sade band and singer Matthewman and Paul Denman (far right) for Groove Theory's
the group jammed at the crowd-. 
And Washington seems to have embraced Sweetback, as
probably one of the rare times
the audience recognized the
"Au Natural," the song
WHUR first played
with Matthewman's
saxophone hit the air, familiar saxophone hit the air, familiar saxophone hit the air, familiar saxophone hit the air, familiar saxophone hit the air, familiar saxophone hit the air.

However, the music isn't all "chill." Some tracks swing upbeat
songs with Matthewman's
sympathetically proving that
technology in music can be
innovative. Special effects of

Larrinaga, made a surprise appearance, performing "Get Up," and "We Will Rise," the song WHERE first played last year to introduce Sweetback.

As soon as Matthewman's
familiar saxophone hit the air, the audience recognized the
song and the band's music wasn't all
background music, but more tangible than
background music.

The album's variety and diversity of
sounds are like nature's earthy
hues, but more subtle than
background music.

The music is often steamy and
symphonically proving that
technology in music can be
innovative. Special effects of
voice-overs and trickling water
complement Denman's resonant
bass.

The Hill Top Theatre will present "Jelly's Last Jam" at the Ira Aldridge Theatre from March 4th-22nd.

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Sweetback members Andrew Hale, Stuart Matthewman and Paul Denman (far right) perform with Groove Theory's Amel Larrieux and
former Sade back-up singer Leroy Osborne at the 9:30 Club for a promotional tour. The self-produced group recently released its debut self-titled album.

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*Formal attire required*

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For further information: 202-806-7007

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*Formal attire required*

Hosted by: Howard University Student Association, National Association for the Advancement of Colored People, and Senior Class Board of the College of Arts and Sciences

Date: Saturday, March 15, 1997
Time: 9:00 PM until 2:00 AM
Location: Armour J. Blackburn Center Ballroom

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Vitamins help in areas where diet lacks

By Natasha Lindsey

...that you need to take vitamin supplements. According to the Nutrition Department at National Institutes of Health, vitamins are essential nutrients that are needed in small amounts to help the body live and grow. If your diet lacks the amount of vitamins your body needs, you could suffer from a deficiency.

The job of the vitamins is fairly simple. Vitamins help the body and the digestive process in the absorption of nutrients and just as important, said NIH. Americans spend more than $3 billion annually in over-the-counter vitamin products, said NIH. For most of these people one daily multivitamin pill providing 100 percent of recommended daily values will adequately supplement the diet. However, you shouldn't begin eating fruits and vegetables and simply take vitamin supplements to make up for it. "If you're sick, a person should change their diet," said Natasha Lindsey, a registered nurse and dietitian at NIH.

The American Dietetic Association, like Leser, suggests that a healthy diet is the best source of vitamins. Most of the vitamins necessary for the body are found in fruits and vegetables, grains, and legumes. But if a person has a limited diet that does not include some of the daily nutrients needed for a healthy body, then a pill will be a helpful supplement.

A multivitamin is ideal for most people because it is formulated to have all the necessary nutrients combined into one pill. According to NIH, multivitamins are beneficial for those who have a very low intake of certain nutrients in their diet.

NUTRIENT FACTS

Vitamins are more likely to be used with ADHD kids. It's important to address attention deficit hyperactivity disorder than the reason. Girls tend to demonstrate more of the behavior symptoms such as poor dressing and are less likely to have behavior problems than boys who are hyperactive. The reason for this is that girls have to be hyper and avoid hyperactivity. The Daily Brand of the Dallas Morning News.

Visit Taylor College online.

A cold or a cold epidemic with your hands a lot. A cold is caused by a virus and cannot be cured. When people walk through crowded areas, they can catch a cold virus. People are cold and coughing viruses. Frequent hand washing can lessen the chance of transmission. Disposable tissues can help control germs. If you're sneezing, you're spreading the spread of the virus. The body will overheat your body and may become a fever.

A healthy lifestyle may even two-thirds of all cancer. Smoking and alcohol are responsible for 60 percent of all cancer deaths. While healthy lifestyles are fixed for as many as 30 percent. A family history of cancer can make a difference. According to a study from the Harvard Cancer Prevention Research Center for Self Magazine.

Women tend to eat too much when they feel angrier or depressed. While both habits happen, according to a study from the Harvard Cancer Prevention Research Center for Self Magazine.

Family physicians often fail to diagnose eating disorders. Many family doctors who have received extensive training aren't even currently trained in eating disorders.}

A large skillet, saute first 10 ingredients for four to five minutes. Add 1 cup of vegetables to the mixture, then add beans, tomatoes, zucchini, and green beans. Cook mixture in a pressure cooker for 45 minutes, season with salt and pepper to taste.

Interested in writing for the Health and Fitness page?? Call Natasha at 202.806.6866

Darrin reports to a gay-hating guy. You could easily wind up reporting to a bad girl. Darrin has time for three martini lunches. You'll have time for a three minute lunch. Darrin writes ads. You'll be writing memos. Darrin has an unlimited expense account. Your corporate card may very well get canceled. Darrin's office has a window. You'll be lucky to have a door. Darrin has a nice air-conditioned house in a place like Greenwich (Connecticut). You may be creating in a hot little room in a place like Greenwich (Village). Darrin has an exciting fast-paced job in a town where anything is possible. And so will you. For the rest of the realities of life as a rookie account executive at the biggest ad agency in the world, please attend the Introduction to McCann-Erickson.
Bison men look for redemption at MEAC tournamnet

By Sheila Robinson

"We're going to redeem ourselves this year," said Head Coach Regan Carter of the Lady Bison basketball team, as they began their preparation for the 1997 MEAC tournament.

The Lady Bison, who finished the 1996-97 season with a 10-12 record, will be looking to improve on last year's performance and make a statement in the MEAC. Carter, who has been the Head Coach for the past two seasons, is excited about the potential of this year's team.

"We have a lot of new players who are excited to be here," said Carter. "They're ready to prove themselves and show what they can do." Carter went on to say that the team is more balanced and is gelling together as a unit.

The Lady Bison will face tough competition in the MEAC tournament, but Carter is confident that his team can come out on top. "We're confident. Our solid rebounding. We're not going to give up easy baskets," said Carter.

The Lady Bison will play against Morgan State in the first round of the tournament, and Carter is looking forward to the challenge. "It's going to be a tough game," said Carter. "But we're ready to face the challenge." The Lady Bison will need to bring their best performance to the court if they hope to advance in the tournament.

The MEAC tournament is an important event for the Lady Bison, as it is their chance to prove themselves and show what they can do on the national stage. The Lady Bison are looking to make a strong showing in the tournament and to bring home some hardware.

The Lady Bison's Head Coach, Regan Carter, is eagerly anticipating the start of the tournament. "We're ready to go," said Carter. "We're ready to show the nation what we can do." }

WORKING FOR GLOBAL JUSTICE

Careers and Activism in International Development: The 3rd Annual Conference

American University, March 21-23, 1998

The conference will bring together academics, practitioners, and policymakers from around the world to discuss the latest research and best practices in international development. The conference will feature keynote speakers, panel discussions, and poster sessions. The conference is free to attend and is open to all interested in the field of international development.

Interested in sports? Write for the sports page!

Call Dennis at 806.6666

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Women break records at swim championships

By Donna Freeman

The 1997 NCAA Women's Swimming Championships were held in Greensboro, North Carolina, March 13-15. The event, which is the premier collegiate swimming event in the United States, features the nation's top female swimmers from Division I colleges.

The championships were held in the Greensboro Aquatic Center and were attended by thousands of spectators. The event featured individual and relay events, as well as consolation races.

The championships were highlighted by a number of record-breaking performances. The championships were highlighted by a number of record-breaking performances. The championships were highlighted by a number of record-breaking performances.

Women from across the country gathered in Greensboro to compete for the national title. The event featured a number of exciting races, as well as a number of close finishes.

The championships were a testament to the talent and hard work of the nation's top female swimmers. The event was a chance for these athletes to showcase their abilities and to compete for the national title.

The championships were a success, and they are sure to be remembered as one of the best in recent years. The event was a chance for the nation's top female swimmers to compete against each other and to show the world what they are capable of.
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Last year more than 70% of RSVP participants received their first choice residence hall.

Undergraduate students in University housing will receive information and forms between March 13 and 14 in their hall of residence.

Non-resident undergraduate students may pick-up RSVP information and forms in the Office of Residence Life between March 15 and 17. Forms must be turned in no later than 4:00 p.m., March 17.

The RSVP drawings will be held in Tubman Quadrangle on Tuesday, March 18, starting at 9:30 a.m.

$100.00 advance payment is due by April 1 to confirm tentative assignment or waiting list position.

RSVP is brought to you by the Office of Residence Life, Division of Student Affairs, Howard University; 1997 Howard University Office of Residence Life

HOWARD UNIVERSITY
DIVISION OF STUDENT AFFAIRS
OFFICE OF RESIDENCE LIFE

WE ARE PLEASED TO ANNOUNCE
THE INSTALLATION OF
70 NEW BULLETIN BOARDS
IN THE RESIDENCE HALLS.

IT IS OUR HOPE THAT THESE BOARDS WILL HELP TO FURTHER FACILITATE COMMUNICATION ON THE CAMPUS.

UNIVERSITY POLICY REQUIRING THE APPROVAL OF ALL FLYERS AND POSTERS BY THE SCHEDULING OFFICE IN ROOM G02 IN BLACKBURN CENTER WILL CONTINUE TO APPLY.

IN ADDITION, REQUESTS FROM UNIVERSITY ORGANIZATIONS AND UNITS FOR ANNOUNCEMENTS ON APPROVED EVENTS ON THE ELECTRONIC SIGNS IN THE RESIDENCE HALLS MAY BE SUBMITTED TO THE ASSISTANT DEAN FOR STUDENT DEVELOPMENT OFFICE OF RESIDENCE LIFE IN THE TUBMAN QUADRANGLE.

FEBRUARY 1997
HOWARD UNIVERSITY OFFICE OF RESIDENCE LIFE
PANAFRICA: "We are an African Missionary in the D.C area. We have a 4-week winter retreat that we are currently hosting. Our retreat is located in the heart of the African community, just outside of Washington, D.C. We have a variety of activities planned for the week, including Bible study, prayer meetings, and cultural discussions. The retreat is open to all African Americans, regardless of age or background. Please contact us for more information."

THE HILLTOP: "CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON THE CASH IN ON