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Hilltop Staff

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Students Debate Howard’s Activism Ranking

By Melanie R. Holness

Howard University has been known to be a politically active school for years, so for many students it was no surprise that the University was ranked the fourth most politically active university in the world by Mother Jones magazine in the September/October 2003 edition. The ranking, influenced by the events of Black Tuesday, last March 31, was welcomed by most Howard students. However, in the detailed run внимания к вопросам, свя- тыхся вопросу, каньон был единственен.

A list of what may not be living up to its senior Julia Gilliam, a coordinator for the HP chapter of Amnesty International, says “there’s no central focus that’s motivating us.”

A points to the knowledge that it is hard to understand how those who show understanding through action and others who would not.

Someone says “there’s a focus that’s motivating us,” and “people understand that the central focus could be...”

Other students, however, claim that the alleged lack of knowledge barely equates to a slump in student activism.

Tyreece Woodly, a sophomore psychology major, feels the recent efforts towards creating activist activities on or around campus have been insufficient and suggests that political science major believes that extensive

knowledge hardly equates to a slump in student activism.

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A Day in the Life...Amanda Lewis

By Albert Ross
Contributing Writer

In the midst of friends and food, music blaring and students gathering a good time, one incident took place on the campus of Florida State University that captured the life of a Howard University scholar forever. It was a party – one that would transform the life of a Howard University scholar forever. It was a party that would not only make my readers proud but also change the way people perceived Howard University. It was a party that taught me a valuable lesson about how we should treat others.

The incident occurred on May 4, 1964, when Lewis, a junior general history major, was at a party at her friend's house. Lewis and her friends were drinking and smoking, and the party then turned into a protest against the US military's involvement in Vietnam. The party soon turned into a violent incident when Lewis and her friends were attacked by a group of white students who were opposed to the Vietnam War. The incident lasted for several hours and ended with Lewis being arrested and thrown in jail.

Lewis was later released and went on to become an important figure in the civil rights movement. She went on to become the first black woman to be elected to the Florida State Senate, and she became a leader in the fight for racial justice.

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ATTENTION
HOWARD UNIVERSITY
UNDERGRADUATE AND GRADUATE STUDENTS

Campus-Wide
Town Hall Meeting
with
President H. Patrick Swygert

Tuesday, January 20th, 2004
School of Business Auditorium
5:30 P.M. - 7:00 P.M.
How to Get Paid

Tuesday, January 20, 2004
7:30 p.m.

Hilltop Editorial Office

If you are a staff writer, contributing writer, or any other employee of The Hilltop that has not been paid, come find out what steps to take to receive pay.

ABC’S On How To Get Paid
Hussein Gets POW Status

Analysts question intelligence agency motives for decision

AIDS, Africa and the African American

J

just as those of us who return to a place we haven't seen in quite some time, I imagined Ghana to be exactly as

things have changed. Gone were the painless wonderlands that tried to

greet travelers and process them through customs. Once off the plane, I was met

The biggest change I noticed, however, wasn't simply due to my new

censored my previous visits had been, the change I witnessed, now visiting as

the West

The Hilltop

holds budget meetings every Tuesday at 6:00 p.m. in the West Towers.
Health Questions You’ve Wondered for Years, Finally Answered

By Arnea Wade Contributing Writer

Many questions that we have about ourselves, we never asked. We simply accept the myths or have the question asked for us. Here are a few answers to questions we may have asked for years.

How does smoking affect your health?

The risks of smoking are well known and studied. Smokers are at higher risk for a variety of health problems, including heart disease, lung cancer, and other conditions. Quitting smoking can improve your health and reduce your risk of developing these and other health problems.

What does SPF in sunscreen stand for?

SPF stands for Sun Protective Factor. It is the number that indicates how well a sunscreen will protect your skin from the sun's ultraviolet (UV) rays. The higher the SPF, the greater the protection.

Anemias:
The Blood Disorder That Affects Millions

By Jameson Straughn Hilltop Staff Writer

Anemia, according to the US Center for Disease Control and Prevention, affects approximately 5.4 million Americans each year of all ages and races. Anemia occurs when the number of red blood cells falls below normal and the body receives less oxygen, thus less energy.

The body is composed of three types of blood: red blood cells, white blood cells, and platelets. Red blood cells are important because they contain hemoglobin (Hb), a red, iron-rich protein that carries oxygen from the lungs to the body's tissues and delivers carbon dioxide to the lungs.

Oxygen gives the body energy needed to survive, and when the number of red blood cells decreases, the heart works harder, forcing more blood to send oxygen more efficiently through the body. This can lead to symptoms like fatigue, weakness, and shortness of breath.

There are several different types of anemia:

- Iron deficiency anemia: This affects 10-20% of women, 5% of pregnant women, and 3% of men in the United States. The cause is a shortage of the mineral iron, which is needed to make hemoglobin.
- Blood loss is a common way to lose iron, as it is a part of the normal process of producing new red blood cells. Red meats and dark green vegetables are foods with a high amount of iron. Proper nutrition and plenty of rest are essential for pregnant women, because iron deficiency can affect their baby’s growth.
- Vitamin deficiency anemia is less common. Just like the body needs iron, it also needs vitamin B12 to produce healthy red blood cells, a vital step in maintaining a healthy blood cell population. A deficiency in vitamin B12 can lead to a condition called pernicious anemia, a serious form of vitamin deficiency anemia.

Anemia is a life-threatening illness caused by a decrease in the bone marrow’s ability to produce all types of blood cells. It is believed to be an autoimmune disease, though the factors are still unknown. It affects all types of anemia, genetic or acquired, that is not prevented using a daily multivitamin dosage.

Some factors that can be responsible for this type of anemia include medications, radiation therapy, environmental toxins, pregnancy, and age.

Carcinoid disease or illness can affect any all types of anemia. Genetic or acquired, that is not prevented using a daily multivitamin dosage.

Anemia is a type of cancer that affects the liver, gallbladder, and other abdominal organs. The cause is a lack of red blood cells, which are needed to deliver oxygen to the body. Anemia can cause fatigue, weakness, and shortness of breath. This condition is called anemia.

Blood loss is a common cause of anemia. Some sources of blood loss can include trauma, surgery, medical procedures, and hemodialysis. Anemia can also be caused by a deficiency in iron, folate, or vitamin B12.

Anemia: The Blood Disorder That Affects Millions

Anemia, a condition in which the body does not have enough healthy red blood cells, can be caused by a variety of factors, including iron deficiency, chronic disease, or cancer.

Common symptoms of anemia include fatigue, weakness, shortness of breath, and dizziness.

People with anemia may have pale skin, cold extremities, and a heart rate that is faster than normal.

Anemia can also affect the brain, causing memory loss, confusion, and difficulty concentrating.

In severe cases, anemia can lead to heart failure.

Anemia is treated with a combination of lifestyle changes and medication. Treatment may include iron supplements, blood transfusions, or a bone marrow transplant.

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Dealing With Anemia

ANEMIA

Iron Deficiency
Iron is needed for normal blood formation. When there is a deficiency of iron, the body cannot produce enough red blood cells, which can lead to fatigue, weakness, and brittle nails. The condition is often caused by a lack of iron in the diet, blood loss, or certain medical conditions. Anemia can be diagnosed through blood tests that measure the level of hemoglobin and hematocrit. Treatment options may include iron supplements, medications, or, in severe cases, a blood transfusion.

Stress Anemia

This type of anemia is often associated with high levels of stress and can occur if the body is unable to produce enough red blood cells to meet the needs of the body under stressful conditions. It is important to manage stress levels to prevent this form of anemia. In cases where stress is a contributing factor, a medical professional may recommend lifestyle changes, stress management techniques, or treatment options such as iron supplements.

Night Time Tooth Troubles

STRESS

produced in normal chewing and biting. As a result, the inner surfaces of the teeth in the jaw and the way that the two have also been known to come together. Certain medications, such as iron tablets and medicines, are also common causes of teeth grinding. Some doctors prescribe medication to alter the natural cycles of the jaw. A close look at the teeth and the jaw can reveal marks, and canines can be covered with sharp edges and tiny chips produced in normal chewing. "The condition can cause headaches, joint disruption, and muscle aches, and can lead to the loss of teeth, as well as sleep disturbances," said Ajagbe. Teeth grinders while others may need to take a break from their teeth grinding. According to the team from the Mayo Clinic in Minnesota, some antidepressants can cause tooth grinding because they suppress the activity of the brain chemical dopamine. One of the characteristic signs is to control muscle activity, and reduced dopamine activity is thought to be the cause of the tremor in Parkinson's disease.

Doctors may advise a change in diet to reduce any more serious health risks. Nutritional supplements, such as iron tablets and medicines, are also common causes of teeth grinding. Some doctors prescribe medication to alter the natural cycles of the jaw. A close look at the teeth and the jaw can reveal marks, and canines can be covered with sharp edges and tiny chips produced in normal chewing. "The condition can cause headaches, joint disruption, and muscle aches, and can lead to the loss of teeth, as well as sleep disturbances," said Ajagbe. Teeth grinders while others may need to take a break from their teeth grinding. According to the team from the Mayo Clinic in Minnesota, some antidepressants can cause tooth grinding because they suppress the activity of the brain chemical dopamine. One of the characteristic signs is to control muscle activity, and reduced dopamine activity is thought to be the cause of the tremor in Parkinson's disease.

A second group of researchers have found that some drugs for depression may trigger tooth grinding. The Mayo researchers examined 23 depressed patients who were put on a drug that suppressed the brain's response to stress. The patients were given a dental device. This is a customized plate that is adjusted to your teeth. For people with chronic teeth grinding, the first step is to seek help from a dentist. Ajagbe says, "Teeth grinding can be treated with a dental device. This is a customized plate that is adjusted to your teeth. In some cases the problem can be solved by grinding down the top of a protruding tooth, or by surgically removing the teeth so that the teeth come together in an even line. If that is not possible, a mouth splint or night guard may be the answer. Not only will it protect the teeth, it may help in the long term to stop or reduced the grinding. Another option is to deal with the source of stress or anxiety that may be causing the problem.

Deltas Giving back to Howard

DELTAS (from A)

Students and faculty members at Howard University donated a total of $50,000 to the Campus Closet program on January 18, 2004. "This is a donation that means so much. Delta Sigma Theta Sorority, Incorporated is a public service organization that continues to promote community involvement. It maintains a membership of over 250,000 collegiate and educated women internationally. Students may contact the Office of Residence Life for more information about the Campus Closet program."

Campus Closet is a wonderful program. It will assist the teachers to keep this energy going. Another sorority member, also a photographer, said, "Appearance is everything and these young ladies at Howard," he said. "Apprentice is everything and we will not be disappointed in the donations given today. The Deltas make our lives look good for businesses, industries, and the black community. We would like to keep the energy going."
MEN'S & WOMEN'S

Bison Basketball

SAT., JAN. 24, 2pm & 4pm, HOWARD vs. Norfolk State @ THE BURA

Howard students with Capstone Cards may pick up FREE tickets from 11am to 6pm ONLY on Friday, Jan. 23, at Blackburn.

NO STUDENT TICKETS DISTRIBUTED on day of the game.

NEXT WEEK!!

MON., JAN. 26, 6pm & 8pm, HOWARD vs. Hampton @ THE BURA

STUDENT TICKETS WILL BE DISTRIBUTED on MONDAY from 10am to 5pm ON THE DAY OF THE GAME at Blackburn.

CONGRATULATIONS TO THE BISON & THE LADY BISON FOR THEIR VICTORIES IN THE MEAC!!

and to CHRISTINA ADÉN MEAC ROOKIE OF THE WEEK FOR THE 3RD TIME!! and

CONGRATULATIONS TO ANTOINE BETHEA - SHERIDAN BLACK COLLEGE FOOTBALL ALL-AMERICAN!!

ON THE ROAD!!

Swimming & Diving

Tomorrow, SATURDAY, JAN. 17

HUSHARKS @ the TRI-MEET

BEST WISHES TO:

Track and Field

@ Penn State tomorrow, SAT. JAN. 17

AND...

LADY Bison BOWLERS

This Weekend in Dayton, Ohio - Eagle Classic Tournament

PICK UP A COUPLE CDs TO TAKE HOME!!

"Traditional Songs of the
HU SHOWTIME MARCHING BAND" IS NOW ON SALE.
Simply go to The Howard Center (above the HU Bookstores, 2225 Georgia Ave., NW, Suite 901).
Cash, checks or credit cards accepted. You can also order by phone at (202) 289-2340.

Supplies are limited and the price is only $15.

ALSO ON SALE AT THE HU BOOKSTORE.

Proceeds benefit the MARCHING BAND through the BISON EXPRESS.

Fifty-One Things You Can Talk to a Counselor About:

School work/grades, Having a baby, Stress, Procrastination, Getting motivated, Decision about a major, Fitting in, Getting along with people from other cultures, Adjustment to the University, Concentration, Memory, Birth control,

Relationship with friends, Relationship with roommates, Relationship with romantic partner, Relationship with parents,

Relationship with family, Parenting issues, Sexual concerns, Gay/lesbian issues, Shyness, Being assertive, Self-esteem, Self-confidence,

Learning disability, Depression, Anxieties, Fears, Worries, Harassment, Irritable feelings, Anger, Hostility, Physical problems,

Eating problems, Alcohol, Work issues, Laziness, Homesickness, Suicidal feelings, Suicidal behavior, Death of a significant person,

Finances, Invest, Sexual abuse, Rape, Sexual assault, Date rape, Threat of violence, Brandishing a firearm,

Stalking, Drugs, Smoking, AIDS, Pregnancy, Abortion, Hitting the lottery, Getting married, Getting divorced, Being adopted, Hope's, wishes and dreams... AND GETTING VALIDATED!!

Let's Talk.

The Howard University Counseling Service

6th and Bryan Streets, N.W., (202) 806-6870

Division of Student Affairs

January 2004

The Hilltop

January 16, 2004
By Jennifer L. Williams
Life & Style Editor

prospect
to stop procrastinating, or to resolve
ourselves to perform better in school/ work/
weight
what
proactive in your studies, and performing better at your subject of
the year goes along. Before long, too easy to pledge to do something
choice. Then again, it becomes fur
thing that can be passed on to the
"serious" about implementing a
resolve to actually go about making
be

By Maxine Moffett
Contributing Writer

Entertainment Power Players, otherwise known as EPP, was founded in March of 2003 at Howard University. It is a student organization devoted to networking and的爱情 relationships. EPP is a good handful of young people, including great minds and doing amazing organizations.

I remember when EPP was just a few of the things getting together and not talking about what we wanted to do. It was so simple, so beautiful. "I believe that the most important thing you can do is to be yourself." said Lawrence Coleman, a member of EPP and Howard University's Entertainment Business Management major. "It is important because it helps people understand what you are capable of doing and helps them to take your advice.

The entertainment business is filled with opportunities as well as the possibility of many exciting opportunities that are available. All of the members of EPP have diverse connections and know the entertainment business. These members make EPP consistently successful in all of its endeavors. This organization is the best of its kind at Howard, and with its impressive networking of industry professionals and unparalleled creativity, EPP definitely has power.

The executive board of EPP did not stop with networking amongst themselves, but decided to reach out to all students at Howard who had an interest in the entertainment industry. "A major purpose of EPP is to give students opportunities in the entertainment business, as well as an opportunity to reach out to all students," said Autumn Demarest, a senior marketing major as well as the president of EPP. "The organization is very effective mainly because of its strength in organizing, as well as our experience in running events," said Autumn Demarest, a senior marketing major as well as the president of EPP. "The organization is very effective mainly because of its strength in organizing, as well as our experience in running events," said Autumn Demarest, a senior marketing major as well as the president of EPP. "The organization is very effective mainly because of its strength in organizing, as well as our experience in running events," said Autumn Demarest, a senior marketing major as well as the president of EPP.
NEW YEAR YOU: Styles and Trends for 2004

HIS:

1. French Cuff Shirt: As the weather warms, sweaters become more and more manuel, and while they tend to go with everything, they usually don't grip up an outfit. A simple, tailored, French cuff shirt adds instant class to any outfit. Wear it with khakis or under a fiftied sweater for a professional, put-together look. Where to get: Banana Republic.

2. Bowtie Tuxedo: Everyone woman already owns a pair of black pants, but the newest shapes for trousers are long, slim and not out to flatter every body type simply and slightly. Pants in designs such as waist bands and cuffs, in basic colors (black, winter white, etc.) or unexpected brights (aqua blue, purple) are popular. Where to get: Zara.

3. French Cuff Shirt: The New Year calls for a suit and tie. There are many other options, so it seems odd that the traditional French cuff shirt is still the go-to item for the New Year. Where to get: D & G.

4. Jeans: These jeans come in a variety of colors (black, winter white, etc.) and don't spice up an outfit. A pair in a color that complements most of the colors in your wardrobe guarantees you will get the most from whatever you choose to spend. Where to go: Nine West.

5. French Cuff Shirt: The New Year calls for a suit and tie. Where to get: Banana Republic.

HER:

1. Detailed shirts: The New Year calls for ladylike, intricate, and delicate detailing on tops. Vintage inspired romantic evening wear featuring beading or buttons are wonderful ways to kick off a look or outfit. Likewise, soft pashminas, shawl collars, and scarves are also popular for the year. Where to get: FCDR.

2. Bowtie Tuxedo: Everyone woman already owns a pair of black pants, but the newest shapes for trousers are long, slim and not out to flatter every body type simply and slightly. Pants in designs such as waist bands and cuffs, in basic colors (black, winter white, etc.) or unexpected brights (aqua blue, purple) are popular. Where to get: Zara.

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THASPE: QUIRKY WAYS TO SPEND YOUR WEEKEND

Friday, January 16, 2004

Event: Benefit for町's Dance Show & Concert
Location: Portrait Gallery @ 1100 Jefferson Dr., SW (202) 682-6000
Time: 11pm - 2am
Price: $35 - $45

Event: Urban Energy Art @ U ST, NW
Location: Nine West @ U ST, NW
Time: 8pm - 10pm
Price: $35 - $45

Event: A Black with History: Paintings From the National Portrait Gallery
Location: UST, 1212 16th St, NW (202) 737-4215
Time: 11pm - 2am
Price: Free

Saturday, January 17, 2004

Event: An Evening of Afro-Cuban Music @ The Stepshine, 11th St, NW
Location: The Stepshine, 11th St, NW
Time: 11pm - 2am
Print: $5

Event: A Weekend of Poetry
Location: Urban Energy @ U ST, NW
Time: 8pm - 10pm
Price: $35 - $45

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Time: 8pm - 10pm
Price: $35 - $45

Monday January 19th, 2004

Event: Urban Energy Art @ U ST, NW
Location: Nine West @ U ST, NW
Time: 8pm - 10pm
Price: $35 - $45

Event: A Weekend of Poetry
Location: Urban Energy @ U ST, NW
Time: 8pm - 10pm
Price: $35 - $45

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By Jennifer L. Williams
Sunday, January 18th
Dr. Jeremiah A. Wright, Jr.
Senior Pastor, Trinity United Church of Christ, Chicago, Illinois
will speak at
Cramton Auditorium
Howard University, 2455 Sixth Street NW, Washington DC

ALL ARE WELCOME
The New Rankin Chapel
Gospel Choir
Under the Leadership of Richard Smallwood
Will Sing!

Coming Soon
to Andrew Rankin Memorial Chapel
January 25, 2004
Rev. William H. Gray, III
President and CEO
United Negro College Fund, Inc. Fairfax, Virginia
Pastor, Bright Hope Baptist Church
Philadelphia, Pennsylvania

Programming by the HU Spiritual and Ethical Dimensions of Leadership Initiative
Funding by Lilly Endowment, Inc.

Bringing a Friend
Chapel Choir Rehearsal
Tuesdays @ 7pm
Andrew Rankin Memorial Chapel
Chapel Gospel Choir Rehearsal
Tuesdays @ 6:00pm
Blackburn Gallery
Chapel Assistants Meeting
Fridays @ 5pm
Andrew Rankin Memorial Chapel

Dr. Bernard L. Richardson
Dean of the Chapel
Call (202) 806-7280 for more info.

A message from the Howard University Student Association

ATTENTION RECOGNIZED STUDENT ORGANIZATIONS

APPLICATIONS FOR SPRING ORGANIZATIONAL FUNDING ARE CURRENTLY AVAILABLE IN THE HUSA OFFICE
ROOM 102 OF BLACKBURN

ALSO
SETTLEMENT REPORTS AND APPLICATIONS ARE DUE ON FRIDAY, JANUARY 16TH BY 5:00 PM

If you have questions please contact Nikoa Milton, HUSA Financial Advisor, at 806-7007 or nikoamilton@yahoo.com

January 16, 2004
The Hilltop
**SPORTS**

**COPPIN STATE**

**AND**

**DELaware State State:**

**Could the Lady Bison Stay Unbeaten in the MEAC?**

By Bernadette Murray  
Sports Editor

The contributions of freshmen Mallory Benson and Christina Aden led the Lady Bison to an impressive win last Saturday over the Bears of Morgan State. At 9-0 in conference play, they headed into two MEAC games in three days and were eager to see how they would fare.

First to take the court was the Lady Grizzlie, the Lady Bison抯 Southern Conference cousin. The game started strong for the Lady Bison, but a weak second half led to a 63-60 loss to the Bears.

Within the first few minutes, it appeared as though it was going to be a close game until the final seconds. Howard, however, at the half mark, the Lady Bison led wire-to-wire with a Leise! Harry lay up.

The Lady Bison played catch as the Lady Eagles built and maintained a 13-point lead going into the half. Despite this, the Lady Eagles still led with a Leise! Harry lay up.

Mallory Benson and Christina Aden both scored career-highs, 24 points each. Benson led from the front, played the type of defense which struggled severely in the paint as the game progressed. Aden抯 type of defense was improved today.

The Lady Bison抯 press defense forced the Lady Eagles to turn the ball over 3 times, not to mention a block of a shot kicked wide open, but that would have sealed the Lady Bison victory.

Defeated, Head Coach Derek Brown responded, "we studied. We worked on it in practice, but we couldn抰 take care of the pressure." Montique Lewis expressed his feelings of disappointment and said, "we playing not to lose. We totally played uncharacteristic of ourselves and a lot of us lost concentration."

The second game of the weekend was played on Monday night against the Delaware State Hornets.

For the rest of the team, they say that the calm always comes before the storm. However, in Wednesday抯 game, the Lady Bison抯 attitude was at rock-bottom; the atmosphere was anything but calm.

In what could have been a remarkable comeback by Coach Parson抯 young team, the Lady Bison抯 shooting was solid, but the defense struggled severely.

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In what could have been a remarkable comeback by Coach Parson抯 young team, the Lady Bison抯 shooting was solid, but the defense struggled severely.

Ultimately, Delaware State抯 defense of point guard Myra Clark and Tameka Walter proved too much for the Lady Bison defense which struggled severely. In the second half of the game, the Hornet抯 depth was key. Myra Clark and Walter, Coach Parson admitted, "Those girls are both very tough. They played hard and we needed someone to force them into passing situations. Unfortunately, we couldn抰 get that going."

Clark, who is the obvious leader of the Lady Hornets, barked her way to an impressive 20 points, 6 assists and 3 steals. Her Allen Iverson-esque stature, slick ball-handling skills and aggressive game play proved to be the deciding factor in the game.

"I love the pressure late in the game. That抯 the beauty of this sport and that抯 what I feel too," she assured after the game, "I knew they were going to pressure me but that makes me tick a little more."

Walter, who added 20 points herself, was also at the front line from the start and provided a necessary balance for Clark. "She抯 the best player on our team."

The Lady Hornet抯 defense forced the Lady Eagles to turn the ball over 3 times, not to mention a block of a shot kicked wide open, but that would have sealed the Lady Bison victory.

Defeated, Head Coach Derek Brown responded, "we studied. We worked on it in practice, but we couldn抰 take care of the pressure." Montique Lewis expressed his feelings of disappointment and said, "we playing not to lose. We totally played uncharacteristic of ourselves and a lot of us lost concentration."

Coach Parson抯 lay up late led to quick fouls sending Daisha Hicks to the free throw line for five consecutive free throws ultimately giving the Lady Bison the lead in the 2nd half. Both Benson and Aden showed their praise of Hicks "silence spiritual pointed out."

Parson, at critical times she showed her heart. "Daisha is always a clutch player. No matter what the stats say,positive," said Ruglass.

After a stunning comeback, Parson warned they couldn抰 have the same type of game against Delaware State.

"Just beat Coppin. We can抰 let builds, we have to play up and work."
SPORTS

King Leads Coppin State To Victory Over Men’s Team

By Ed Hill, Jr.
Special to the Hilltop

Washington, DC—Coppin State rode the scoring of Nicholas King’s 12 second half points and some tough defense down the stretch to hold off Howard, 54-49 in a Mid-Eastern Athletic Conference men’s game at Burr Gymnasium.

King connected on 4 of 6 shots in the second half and it proved just enough in the game that featured a slow-down, grind-it-out pace that saw 12 lead changes and four ties as neither team led by more than five the entire game.

After Howard sophomore point guard Louis Ford cut the deficit to 48-47 with 1:31 remaining, Coppin State (6-10 overall, 4-1 in the MEAC) put together a “mini”, 4-0 run that all but put the game away.

King (6 points, 5 rebounds, 3 blocks) added two free throws and after Howard failed to convert at the other end, Coppin State reserve Kelvin Green (12 points, 5 rebounds) added two more free throws to build the lead to 52-47 with 16 ticks left on the clock.

Ford (13 points, 4 assists) scored a quick basket to narrow the deficit to 52-49 with 8.3 seconds left on the clock. But King made good on both his free throw attempts to close out the scoring.

The Eagles were especially effective on defense as their combination of man-to-man and 1-3-1 defense befuddled the Bison (3-9 overall, 1-2 in the MEAC) into 35 percent shooting (20 of 57) while also holding a block party, recording a season-high 12 blocked shots.

Jimmy Boykin contributed 12 points to the Eagles cause and Bilal Russell and Seye Aluko tallied 13 and 11 respectively.

GAME NOTES: Howard has dropped two in a row... the Bison missed 12 of 16 three-point attempts... freshman guard Will Gant grabbed a team-high and career-best 10 rebounds... Coppin State plays North Carolina A&T on Saturday, January 17 at 7:30 p.m. in the Coppin Center while the Bison will try to end their current two-game slide when they entertain Delaware State on Wednesday, January 14 at 8 p.m.

Bethea Named to the 2003 Sheridan Black College All-American Team

By Ed Hill Jr.
Special to The Hilltop

Antoine Bethea has been named to the 2003 Sheridan Broadcasting Network (SBNW) Black College All-American team.

At 20, 250-pound senior defensive back from Newport News, VA, Bethea had an outstanding season, leading the team in tackles (118), solo tackles (93), assisted tackles (25), tackles for losses (12), forced fumbles (5), pass breakups (8), and interception returns (two), tying his career-high 10.

Bethea was one of the keys to the success of the Howard defensive secondary, which finished second in the nation in 1-AA in both pass defense and in pass efficiency defense, allowing only 5 TD passes all season.

Bethea also played an integral part in helping the Bison defense set a new 1-AA single-season record for fewest TDs allowed.

Recognized as one of the top tacklers in college football, Bethea tied for 12th among all players in the nation in 1-AA in solo tackles with 64.5 per game and he ranked in the Top 3 among all defensive backs in that category.

Bethea will be honored at the SBNW Awards Banquet, February 12, 2004 in New York.
Sweat Shops on the Homeland

The focus of the current administration had drastically shifted from domestic to foreign policy concerns since the event of September 11, 2001. While President Bush has offered, one of the first fronts on his agenda was immigration. After two years of procrastination with terrorism and spaces of mass destruction, his focus has been more turned to the critical issue of terrorism.

Our View: Bush’s new immigration plan will only exploit Mexican immigrants for cheap labor.

Besides obvious injustices, the presence of “No Child Left Behind” law was enacted in 2001. In short, its aim is to ensure that every child can read and do math at grade level by 2012.

Our View: There needs to be more money allocated for the “No Child Left Behind” program in order for it to be a success.

Too Many Children Left Behind

The question was recently addressed by the Bush administration, which estimates there are 12 million undocumented workers, of which 6 million are children. In 2001, an estimated 13,000,000 undocumented residents were living in the U.S. of A. While it might sound like an exaggeration, the truth is Mexican workers will fill the jobs that Americans are not willing to take. The Bush administration claims to be creating a pathway for legal immigrants to work in the U.S.

Our View: This program would not automatically solve the problem of illegal immigration.

The Bush administration has recently implemented a policy in which foreign nationals traveling by air must be fingerprinted and photographed before entering the United States. The process is expected to take approximately 15 minutes. The traveler’s information is stored in the Federal Aviation Administration’s system.

The Bush administration had drastically permanent resident status. This policy while advocates for American who will do it for half of United States. However, there is a small price to pay for the maintenance of national security. The flow that we see is the fact that this is not a universal policy that must be required for all international travelers. Instead, it has been only applied to some countries and not others. Many nations, such as Israel, view this as a violation of national sovereignty.

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Our View: The new policy requiring foreign nationals to be photographed and fingerprinted at airports should apply to all international travelers.

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A Face Only a Mother Could Love

Asha L. French

In Louisville, Ky., on January 4, a mother's son was murdered. His name was Michael. Last Thursday, his tears were as dark and chill as his mother's. There is no way to count the number of children who have screamed, "Michael," in empty rooms. To the media, death is but one more statistic in the endless cycle of violence. But to the families of the deceased, the murdered, the innocent, the lost looks of a people, the numbers of cities, small and large, whose police departments have declared open season on young black men. We all know at least one person who has been victimized by a badges. You could have easily bumped into the murderer of our own Prince Jones in Atlanta. His, too, is free, while the families of the deceased will never be. On Monday, let us remember these families as we celebrate the life of another mother's son who was killed in violence.

E-mail us your perspectives! We want to hear from you! www.hilltoponline.com

Let the Hilltop be your megaphone!

Police Murder Son, Not Just a Suspect

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E-mail us your perspectives! We want to hear from you! www.hilltoponline.com

Let the Hilltop be your megaphone!

Words of Wisdom

By Cassandra Cummins
Editorial & Perspectives Editor

E-mail us your perspectives! We want to hear from you! www.hilltoponline.com

Let the Hilltop be your megaphone!

January 16, 2004 The Hilltop
I can read your mind.
I know you have something to say, so
say it, as a matter of fact why don’t you just
go ahead and put it in
your mind but I
already know what your going to say so
don’t be scared.

SA IT.!