The Hilltop 8-23-2002

Hilltop Staff

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Tubman Quadrangle
Houses Three to a Room, Up from Two

By Amie McLain
The Hilltop

Seven strangers picked to live in a house. Sounds like MTV's "The Real World", right? Try three strangers picked to live in a dorm room. That's more like the "real world" at Howard.

Truth and Gramblall Hall-two freshmen dorms in the Tubman Quadrangle, previously housed two women to a room. In the new freshmen dorms, Dray Hall, four study rooms were converted to bedrooms. Three men live in each.

The Dean of Residence Life, Frank Chambers, said there was an increase in students looking for housing.

That increase comes from the "Baby Boom" generation's children coming to college, he said.

About 239 female will live in the triplex rooms.

Both Truth and Cameron were renovated in 2000 and re-opened.

Chambers said that implementing the triplex rooms was the only immediate solution to the housing shortage.

"The demand for housing at Howard University warrants that we create the increase in capacity for on-campus housing. In fact, Howard is not the only university having to make adjustments to satisfy the growing number of young adults attending college," said Chambers.

The Dean asserts that another major benefit from turning double rooms into triplexes is an increased availability of rooms for returning students, specifically second-year students.

"Our goal is to house all sophomores on the waiting list. So far, we have reduced the number of sophomores on the waiting list from 225 to 75," Chambers revealed.

For the ladies currently living in Cameron and Truth, they will have the only residents in both of the Quadr with air-conditioning. The other three dormitories, Baldwin, Frazer, and Wheatley, remain without AC.

"The cost of living in a triplex is 20 percent cheaper when compared to the cost of a double room. As well, those female students will have the opportunity to bond with two roommates instead of one, according to Dr. Chambers.

April Leos, a legal communications major, resides in Truth Hall as a first-year and remains skeptical about the situation.

"Putting three females in one room will be a miraculous task if it can be done. Our freshmen year, my roommate and I had one of the biggest rooms, but I still couldn't imagine another person successfully living with us. I know first hand that Truth has small closets and not a lot of storage space. But, I guess everyone will have to see if the triple rooms work," said Leos.

Maya Morton, sophomore sociology major, also finds the idea of living in triplexes ludicrous. "I stayed in Cameron last year, it was not big enough for my roommate. Howard needs to stop accepting so many students they cannot properly house. I foresee interpersonal problems with visitors and different sleep schedules," Morton said.

According to Chambers, each resident is equipped with all the amenities they would have in any other residence hall. Each student has her own bed, desk, closet space, and wardrobe chest. "Two of the three students shop in a bunk bed. As well, Cameron and Truth halls have enlarged their staff of resident assistants to accommodate the larger number of female residents. Chambers also expressed his satisfaction with Donna Green as the..."

Sheree Cheekley, Celeste Jones and Karen Taylor, freshmen roommates in the Tubman Quadrangle cram into their new home for their first year.

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By Kerry-Ann Hamilton

The Hilltop

A student from Nigeria has traveled approximately 4,700 miles, Trinidad over 3,000 miles, and Jamaica almost 1,200 miles away from home and family. Homesickness is a natural course.

"Students get homesick from cultural shock. They have been uprooted from their support system. Where they would be able to rely on parents or family for help in a crisis, they are now isolated in a foreign country with a foreign culture. This has a psychological impact on the student," Games said.

Games advises students to form new support systems. "International students could surround themselves with people who share their culture and background, so that they form that international solidarity." International Pals at Howard organized events to help new students form a support system. Jennifer Barefoot, a second-year graduate student, has been an International Pal for six years and the coordinator for two years. The Boston native is excited about the upcoming year. "Before the students get to campus, we send each student a handwritten letter including our numbers and emails so that they can contact us if they have any questions or concerns," Barefoot said. "During orientation week, we cover the basics so that students can be informed. As a result of this, most students don't know that the money is green."

"The world has become an increasingly global community and many University officials maintain that the benefits of having international students are limitless. A significant number of international students have studied at Howard and the other American universities and colleges and went on to do great things in their home country especially in the area of politics."

Some have gone on to be leaders such as, K.D. Knight, minister of foreign affairs of Jamaica; Cheddi Jagan, former president of Guyana; and Casimir Turpin, a graduate student from Howard and ambassador to the United Nations Secretary Council from 2000-2002. "Tamara Cowie, a junior biology major, enjoys her experience at Howard as rewarding and finds that she adds to the diversity in and outside the classroom. "As international students, we offer a different perspective from students from a first world country may not be aware of," said Cowie.

Chairman Malik Shabazz struck a cord throughout the crowd at the approach of the September 11th anniversary. Shabazz spoke of how there was so much focus on the terrorist attacks of September 11th but none on the terrorism faced by African-Americans.

"I want to talk about a terrorist named Christopher Columbus," said Cowie. "He was a terrorist named George Washington."

"Reparations are due to African Americans and our ancestors were in tune with the planet and our resources. We have to remember the collection of red, black and green bonded beads will help reconnect and rebuild bonds among all people."

Money was also collected during the rally to continue the movement after the rally had ended. Speakers called for the audience to make donations to those walking with collection baskets.

"I came from Sacramento, California just for this," said Larry Perkins who made a donation because he felt it was "important to show solidarity."

Supporters contemplated how much reparations should be given. "Reparations are due but exactly how much, I would leave it to the scholars," said Dunn Moody a district resident and Howard University alumnus. "It is due and it should be paid the amount that is determined." One of the closing speeches given by New Black Panther Party National Chairman Malik Shabazz struck a cord throughout the crowd at the approach of the September 11th anniversary. Shabazz spoke of how there was so much focus on the terrorist attacks of September 11th but none on the terrorism faced by African-Americans.

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District Searches for ‘Party Animal’ Vandalists

By Thelisha A. Woods
The Hilltop

Not everyone loves a “party animal.” That’s what the D.C. Commission on the Arts and Humanities found out after a number of the animals were defaced.

They were designed to show the artistic beauty and history of the District. And they are the symbols of the two major political parties, donkeys and elephants.

They are called “party animals.” The creatures stand at just four and a half feet tall and five feet long and are made of polyurethane.

The displays, which feature many aspects of D.C. culture and history, were meant to attract visitors to D.C. But not everyone appreciates the art, recently some party animals were defaced.

The Arts and Humanities commission has launched an investigation into the vandalism.

“The project was about having fun and trying to increase visitors to the streets of Washington,” said Tony Gittens, executive director of the D.C. Commission on the Arts. “So it is a mean-spirited and cowardly act.”

The severity of the vandalism ranges from gum being stuck in the animals’ eyes, objects being taken or torn from the sculptures, to the actual animals being spray painted or parts of their bodies being completely torn off.

“There were two that were seriously damaged enough that they had to be taken off the street,” Gittens said.

The artists, whose work has been attacked, feel angered by the recent string of attacks. Other artists are also worried about their own pieces of work.

“It is really sad especially because people don’t realize how much time and effort it takes to create,” said Yoish Davis, an art therapy graduate student at George Washington. “So for someone to just deface them, it is just a shame that people don’t appreciate them as much as we do.”

Davis designed an elephant for her internship with Georgetown Pediatric Lombardi Cancer Center Oncology called “elephant wisdom” which was inspired by the children at the center.

Sponsors of the artwork have also donated proceeds to help catch the animal attackers.

“This project was about having fun and trying to increase visitors to the streets of Washington,” said Tony Gittens, executive director of the D.C. Commission on the Arts.

The commission however is hoping that no more animals will have to be repaired, therefore they are offering a reward to catch the perpetrators.

“We have put out a $5000 reward for information leading to the arrest and conviction of any individuals committing the vandalism,” Gittens said.

Some citizens have joined in on the effort to catch the animal attackers.

“One incident we happen to know about is because a citizen saw some kids spray painting and destroying one animal around 3 a.m. in the morning,” Gittens said. “And another one on 32nd Street beat the animal with a crowbar. We are assuming it is the same group of people.”

As of press time however, no vandals had been caught, but at least soon the party animals may have a safer home than the streets of D.C.

By Thea Wilson

“Party Animal” in front of the Howard University Hospital, featuring faces of Black History leaders, managed to escape vandals.

“Most of the damage has been by the public wanting to touch the animals and children wanting to ride them,” Gittens said.

Davis said the people are not careful with the works because the art is in the street.

“People just want to touch them or climb on them, but if they were in a museum, people wouldn’t touch them or deface them,” Davis said.

The commission however is hoping that no more animals will have to be repaired, therefore they are offering a reward to catch the perpetrators.

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The Battle of the Real ‘HU’
Anatomy of a Rivalry

By Elena Bergeron
The Hilltop

We're going to get them this year... It's our year now!

The illustrious legacies that exist at HBCU athletic departments are comparable to those at major colleges (Gambrell’s Eddie Robinson, Joe Paterno, Bobby Bowden) held the record for most victories but when coupled with the fanfare that goes along with black college athletics, the glittering spirit squads, bands that put on as vicious a competition against one another as the teams, and more than anything the trash-talking fans, rivalries between black colleges carry different bragging rights.

Here at Howard it is no different. During the course of the last 15 meet-ings in the seven years since Hampton entered the MEAC and after the Virginia school adopted university status in 1980, prompting both schools to vie to prove in each meeting which is the real HU.

As rivalries go, Howard-Hampton is as close as they get, with Howard maintaining a scant advantage that has dwindled over the past decade. The Bison hold the edge on the gridiron with a 39-38-1 record against the Pirates since the two began playing.

This year, the Bison faithful have added reason to anticipate the game as former Howard coach Joe Taylor knows what it's like to be on either sideline, having served as an assistant coach at Howard until taking over the head-coaching job at Hampton in 1992.

"It can be very intense, with all the fans, the pageantry, the bands, whose competition is almost as fervent. I have to remind the players not to forget that as athletes we are the show. The younger they are the more likely they are to forget that in the course of the game," said Taylor of preparing his teams for the meeting.

"We get up for this game more even than the others because of the intense rivalry. You don't want you'll hear it more [from fans] if you lose against Hampton or at homecoming," said senior Nick Henderson.

This year, the rivalry travels to Armstrong for the first time since 1984. After having played their past 15 meetings at Giant Stadium in Landover, Md., this year the two teams drew over 40,000 spectators, as the teams took the battle back to campus, selling out 11,600-seat Greene Stadium.

The rivalry has tilted in favor of the Pirates over the past decade, with Hampton taking six of the last eight games against Howard, including the past five decisions. But the margin is closer than that statistic indicates, the last four games decided by a touchdown or less. Though Hampton went on to a 7-4 record and a second place finish in the MEAC and the Bison finished third in the MEAC where they ended in last place, the game's decision came down to a fourth quarter touchdown from Hampton's Robert Smith to snap a 20-20 tie.

"Both [Howard and Norfolk] carry a big rivalry because Hampton is right across the river, but Howard has the more intense rivalry of who's the real HU," Petty said.

See SPORTS page 5
The Dos and Don’ts of Attending an HU Football Game

Do...

* Wear Howard paraphernalia to the games. Even though the bookstore wouldn’t let you use your book voucher to buy a t-shirt, splurge a little. That $10 will not set you back too much. A HU tee shirt is an investment, which you will use for the next four years or more.

* Ladies: You will be much cuter in an HU t-shirt than a cut-up Hanes Her Way t-shirt that you concocted with puff paint and glitter giving shout outs to that football player you’ve been trying to get with.

* Pay attention to the game. The purpose of “home field advantage” is having the crowd on your side.

* Stand for the national anthem and raise your flat for the black national anthem (a Howard tradition). A lack of participation in any of these events shows that you not only lack home training but that you also lack culture and respect.

* Get “crunk” during the halftime show, and when the band plays the time out interludes. In other words, get up when the band plays “Get up.”

Don’t...

* Ladies: Show up to a football game in the same clothes you wore last week at 2k9. Club clothes are not acceptable, and you risk breaking an ankle while trying to climb up the bleachers in 4-inch stilettos.

* Fellas: Check the weather report before venturing outside. A Coogi sweater is not always appropriate, especially during the beginning of football season when it’s 85 degrees outside. (Regardless if you play it off, we all know you are sweltering under all that.)

* Think of the football game as a good excuse to be outdoors. “Excuse me... did they just score a touch down?” has never been a good way to strike up a conversation.

* Think you’re being cool by just sitting in the stands (looking like a 75-year-old black woman at a Led Zepplin concert). The band and cheerleaders practice too hard to receive stoic expressions in response to all their hard work.

By Aisha Chancy

Helpful Tips for HU Sporting Events

* Not every single sport requires a ticket for you to attend; however, for the ones that do, the tickets will be available throughout the year in either Crampton Auditorium, or the lower level of the Blackburn Center. There may be flyers around campus or notification in The Hilltop.

On certain away games, the Howard University Student Association will sometimes organize bus trips so our athletes can still have fans cheering for them, even on the road. If that sounds like something you’re interested in, you might want to save a few bucks for the bus ride and keep your eyes and ears open so you’ll be able to support your school at away games.

If there’s anything you ever need to know about a sport on campus go online and check out the Howard University sports Web site at www.bison.msu.com. Sports Information Directors, Ed Hill and Romanda Noble, provide updated scores, recaps of games, and schedules throughout the season.

By Aisha Chancy

August 23, 2002
The Hilltop

If you are interested in a career in sports management, sports journalism or sports, and entertainment law and would like to volunteer in any of those fields, contact Ed Hill at (202)806-7188.
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 IT'S COMING...

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THE 2002 ORGANIZATION FAIR: Figure Out Where YOU Fit

All organizations that plan to participate should come to Student Activities to fill out a registration form by Wednesday, September 18, 2002. Questions? Call 806-7000.
Avoiding the Infamous ‘Freshmen 15’

Tips on Keeping the ‘Freshmen 15’ from Controlling You

Along with college comes change -- adjustments in the mind, body and soul. Don't let stress, pressure, and loneliness cause you to over-eat and neglect your healthy lifestyle.

* Changes in eating habits are sure to happen. Give yourself time to adjust to new surroundings and new foods.
* Try new foods. Don't get stuck on what is familiar to you.
* Eat three meals a day. It may seem like you can function on caffeine alone, but your brain and body will fail when you need them most if you routinely skip meals.
* Eating breakfast helps to jump-start the metabolism and prevents the 1 a.m. cravings. Food is almost impossible to work off when it is consumed late at night.
* Carry a water bottle. This will help you stop spending money on soda and other sweetened beverages. Avoid unwanted calories and ensure that you won't dehydrate.
* Grab some fruit when you leave the cafeteria, so you can have something healthy to snack on later.
* Take a multivitamin. It never hurts to have extra nutrition insurance.
* Experiment with vegetarian meal options.
* Avoid ordering take-out. Throw away the take-out menus. They will cause you to spend extra money and gain extra pounds.
* Keep healthy snacks in your room: pretzels, low-fat popcorn, crackers, fruit, granola bars, etc.
* Exercising often helps the body to stay fit. If you're too lazy to keep up with an exercise schedule of your own, at least take advantage of the exercise in a gym class.
* Late-night pizza orders and junk food pack on the excess weight. If you happen to be late studying, try eating fruit or crackers instead.
* Lay off the alcohol. Alcohol and mixed drinks are quick ways to pack on the extra pounds. Mixers like fruit juice and tonic water are filled with sugars that turn into fat.
* Don't look at eating as a past-time. Eat only enough to get you full, not stuffed.

Take advantage of everything available to you. Howard University has exercise rooms, classes and a variety of physical education classes designed to keep you fit.

Don’t Let the ‘Freshmen 15’ Happen to You

Before and After

Weight gain for freshmen is commonly known as the “freshman 15.”

See how the average Howard woman and man can be affected by the weight gain.
WELCOME
CLASS OF 2006

FROM THE OFFICE OF THE DEAN FOR
STUDENT LIFE AND ACTIVITIES

Please make sure you take advantage of all the opportunities Howard University has to offer you! STOP BY, GET INVOLVED, AND HAVE FUN!

STUDENT ACTIVITIES    RED CROSS
INTERNATIONAL STUDENT SERVICES
CIRCLE K    UGSA    HOMECOMING
INTERNATIONAL PALS    THE HILLTOP
CHEERLEADING    BLACKBURN CENTER
INTRAMURAL SPORTS    CAMPUS PALS
HUSA    NEW STUDENT ORIENTATION
BISON YEARBOOK    AMERICA'S PROMISE
HONDA CAMPUS ALL STARS    GSA

*All departments are located in the Blackburn University Center

August 23, 2002

The Hilltop
By Jason Flanagan
The Diamondback (U. Maryland)

(U-WIRE) DAVIS, Calif. – The California Aggie (U. California – Davis) Appropriations Committee recently uncovered a large deficit in funding for the nationwide Pell Grant program. Unless the shortfall is addressed, it could decrease the amount of money available to future recipients of the grants.

It was determined Aug. 7 that the program was underfunded by nearly $1 billion. That estimate included Congress’ June authorization of the inclusion of $1 billion in the fiscal year emergency spending bill.

That money was part of the request of the GOCCP to work on various projects. The employees had to meet university employment standards, and were paid with grant money issued by the GOCCP to the university, Wish said. The money to pay the employees’ salaries usually came as grants or reimbursements that supported their work.

Though the employees were paid by the university, they were stationed and supervised at the GOCCP headquarters in Baltimore and rarely reported to CESAR’s office on Hartford Road in College Park.

Rob Weinhold, director of public affairs, policy and research for GOCCP, said employee outsourcing is typical and a critical part of the success of both organizations, and that the job responsibilities remain the same in both locations.

“There are a number of people who do work in (Baltimore), but in essence they are University of Maryland employees,” Weinhold said. “They support the framework of (GOCCP) and CESAR.”

Wish said he would receive reports on the employees and receive information on their supervision, but had no direct supervision of the employees. CESAR’s only administrator role concerning the employees involved personal issues, such as time sheets and leaves. Wish said. There were “a number of people I relied on from GOCCP to provide primary supervision.”

This practice was unusual and has been part of CESAR’s partnerships with GOCCP since 1995. But, Wish said the number of out-sourced employees has increased over the last year.

If Burns was found working for CESAR, received a $68,000 annual salary from a drug abuse grant issued to the university by the U.S. Justice Department.

Weinhold said the allegations stem from former employee Margaret Burns who claimed she was assigned to assess Townsend’s public sculpture when working for the City of Baltimore on Aug. 5 and Aug. 8 requesting documents concerning grants and employee out-sourcing.

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August 23, 2002

The Hilltop
Time Management and Organization, Two Must-Haves

By Alysha Cobb
The Hilltop

Few things are worse than having to pull an all-nighter for an exam or a 12-page term paper than having to do so surrounded by piles of laundry, mounds of dishes, and stacks of papers.

"My first year in school, my room was a mess," said Muriel Pearson, a junior psychology major at Florida State University in Tallahassee.

"The more I cleaned, the more I realized I was going in circles," Pearson said. "I kept thinking it was never going to be clean at home."

Living away from home can become stressful because of lack of organization. If you have never been organized in your life, then now is a good time to start.

College can make you feel like you are ready to take over the world. There is a lot to be accomplished, but there are still only 24 hours in the day. If you are disorganized and don't learn to set priorities, then a disorganized living style will override your entire experience.

Begin the new semester with a clear mind and a clean dorm room, house or apartment.

Your first reality check may come with seeing the small room you now call home and realizing this is the space you will be sharing with a complete stranger.

Don't panic. You can minimize closet space by hanging your fall wardrobe and storing winter essentials.

Invest in a hanging shoe rack to leave your closet floor open for storing luggage or other less pressing items.

Use your desk space wisely. Do not let your desktop become cluttered with unnecessary mess.

File away important papers in a paper filing system (which can be purchased in the Howard University Bookstore).

Organize class materials in a way that makes everything easy to find.

To avoid making a mad dash under your bed to look for forgotten items minutes before class starts, keep class textbooks and folders on a bookshelf.

But be careful not to overdo it.

"I noticed my roommate was not having the problems I was when it came to organization," Pearson said. "But her side also looked like you had walked into a hospita. There was no sign of her even being there."

Don't forget your sense of style when you are getting your room together. Purchase storage bins in different colors, shapes, and sizes. There is no right or wrong way to pull your side of the room together.

Invest in a day planner and use it well. Find the planner to fit your style and come up with a system that works for you. Try writing assignments down on the due date, not the day they were assigned.

Pencil in social activities so staying organized does not feel like a job.

Always keep your planner with you. You never know when something unexpected will pop up.

With a little good judgment, you will develop your own routine and be well on your way to academic success.

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How to Stretch Your Credit Balance ‘Refund’ Check

By Alysha Cobb
The Hilltop

The new semester is finally underway. Students young and old are adjusting to hectic schedules.

Although it may be a little premature, students have already begun to check the status of their refunds to see if they can stretch their money wisely.

This year refunds will be issued after the semester has already progressed, a setback that has many students fretting over where to find money to take care of leftover expenses.

"I usually count on my refund right away to help me take care of summer bills and stock-up on food or car expenses," said Jason Perry, a junior computer engineering major.

"I just have to manage my money better because I don't want to hit my parents up for cash."

The task of managing your money is a lot easier said than done. (Especially for college students who are micro-typically strapped for cash.) But saving just a few dollars now can definitely help your cash flow in the long run and it may be advantageous to your long-term financial success.

Everyone can begin by pressing any key to Pentagom City, the

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Life & Style

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The Hilltop
August 23, 2002
Being a ‘Thug’ and College Just Don’t Mix

By Decker Nyonggo
Technician (North Carolina State U.)

(U-WIRE) RALEIGH, N.C.—You can’t be a thug in college. The two concepts are like oil and water—they just don’t mix. College is the place where we come to grow in the aspects of life that will allow us to better ourselves socially and intellectually. Thuggery is a practice that does exactly the opposite. It is detrimental and has nothing to do with a failed college experience but also a failed “life” experience.

Now I know a lot of young males aren’t technically engaged in actual thug behavior, but intend to give the impression that they are. This too can be damaging, for it only goes to give the image of thug qualities and works against the education and training the person attempts to gain.

Young males and even some young females are increasingly reliant on the entertainment community for definition in their own lives, and this breeds the thug relationships. “The rise in hip-hop not only as an art form, but also as a social movement has cast light on the lifestyle of its most celebrated artists. Unfortunately, many of these artists were true thugs before they made it big on the mic. Some people even find it hard to leave that lifestyle once they ‘make it.’ Young people across America perceive this in this beautiful, revolutionary art form, but they in turn absorb a little more than intended from it. They feel the need to exemplify that characteristic showcased in a few of hip-hop’s artists.

I am talking about thuggery, but what exactly is it? The definition of a thug is an “aggressive young criminal.” Other definitions quote a thug as a “tough, young violent person,” a “member of a rebellious young group” and “a person inclined to treat another roughly or cruelly.” All these definitions represent the technical term “thug.”

But more so than its verbatim definition, it is the social concept of the ‘thug’ that has me so perplexed. It is not the definition, we get from various songs and in the media. It is the image given by many hip-hop artists—a image that isn’t conducive to the educational environment.

Trick Daddy, a popular hip-hop artist known for his references to thug life, refers to thug life in an interesting way. “Really wil’ yall roll with a thug, A young a**** in a big car, with a big gun, round offsets spinin’ on decks, Smokin’ on a fat blunt, baby was up.” (Thug for Life: Book of Thugs, Chapter AK, verse 47)

School vs. Social Life: Which Will You Choose?

By Josh Bashure
The Gateway (U, Nebraska-Omaha)

(AUGUST, 2002) It’s one of the oldest obstacles in the history of higher education. It’s been the downfall of countless students across the board, from freshman to senior. It has many opinions and is a problem that isn’t as simple as the killing blow before you ever see it coming. No matter what the circumstance, the outcome remains the same: if you let your social life drown your school life, you’re doomed to fail.

Although a problem for all students, freshmen seem to have a higher risk of letting their studies slip out from under them.

When you graduate from high school, there is a sense of freedom and accomplishment that will rival any for the rest of your life. Many kids express this newfound independence with partying throughout the summer after graduation. When fall comes around and it’s time to start college, many students never quite discard from that level of revelry.

Holding on to the same sleeping patterns and social habits from summer, students eventually realize—often too late—what it takes to succeed in college.

Walking up at the crack of dawn definitely isn’t it. A huge (and grossly underated) factor in going to school is actually GOING to school. Lots of freshmen hear stories about the independent nature of college. One of the biggest misconceptions about college life is that you don’t have to blow deadlines. Sure, you don’t have to go. No one is going to give you a detention or remind you in any way—the school will be happy to take your money, either way. To actually pass a class, though, you have to start by at least showing up. There are some professors and departments that even require you not to miss a certain number of days or points will be taken off your final grade.

“Just go to class,” Mike Skinner, a senior at the University of Nebraska-Omaha, says. “Go to all your classes and just take notes, you’ll do fine.” It’s tempting to go to bed at 3 a.m. and wake up not until noon, but almost any second-year student or older will tell you the most important thing in passing is to show up in class. Even if your first class starts at 7 p.m. It’s a good idea to wake up relatively early and come to school—this gives you time to study and helps make sure you’ll get to class on time.

Juggling work and school can be a difficult game in itself, especially if you’re one of those unlucky seniors who has to work and attend school both full-time. Add in a vibrant social life and you’re probably down to three hours of sleep a night. So what do you do? You want to have fun while you’re in college, but you also don’t want to graduate an eight-year senior.

Senior Nick Benton says there is only one answer: “One or the other, either don’t study or don’t have a social life. There’s no gray area.”

Another possible solution lies in prioritization.

You have to be able to have the self-discipline to judge what you can and can’t get away with. Sure, it’d be fun to go out with your friends tonight and party, but with an exam two days away, do you really think it’s the best idea? The same principle goes for times when you might not have any exams right around the corner. Your teacher tells you to study for a reason, and it isn’t necessarily to keep you unnecessarily busy (well, not all the time).

There’s a happy medium in every situation; the trick is finding you.

Some students actually prefer not to go out on weeknights because it makes the weekend and important special-occasions even more enjoyable. After all, where’s the fun in a snow day from school if you never go in the first place? The same goes for holidays and spring break. You learn to limit yourself and the rewards grow much greater.

Cory Kinman, a sophomore, learned the hard way what it takes to succeed in college.

“Everything requires a sacrifice,” Kinman says. “You have to sacrifice things on a weekly basis. To succeed at anything, something has to be compromised.”

After a while, when you’ve gotten into a habit of studying, you’ll be amazed at how much you can find in the books. It may sound unbelievable—especially to those who party hard and can’t get enjoyment out of studying—but eventually you may come to look at it as a comforting, unwinding sort of end to the day.

Sometimes it’s beneficial to study with your friends, especially if they share a class with you. This gives you a chance to get support from them when you are in a question of a particular subject and vice versa, strengthening both of your studying. It’s also nice to have friends to study with, because you can chat with them for a while when you need to break.

“Go out with your friends to somewhere like Village Inn and study together,” advises junior Melissa Harvey.

“Take classes that your friends have. That way you can go out together and study and you’re hanging out at the same time.”

No matter what your previous work ethic was before you came to UNO, you will notice a difference between high school and college.

You can mold your future any way you want, but the clay you use gets tougher and more solidified as time goes on. Try not to get stuck in the future wishing you could have changed the past.

The University environment is practice for the real world. When you graduate you can’t just switch into “grown-up mode” you have to gradually mature into what you will become. If you do nothing but practice thuggery even though you don’t participate in the activities socially associated with a thug’s appearance, you will graduate into a society where thug behavior will land you either on MTV’s ‘Direct Effect’ or in jail.

QUAD from page 1

Quadrangle Community Director: “She has always established a good working relationship with her students.”

Although triples in the Quad may come as a surprise to contributing students, entering freshmen were well aware of their living arrangements before arriving on campus. On July 24, these freshmen ladies received their roommate assignments in the mail, so they could all contact each another, to ensure no one brought duplicates among their belongings.

In response to some of the negative feedback, mostly from parents, Dr. Chambers was quick to explain that triples in the Quad is only a temporary solution, not a permanent change. The Office of Residence Life has three permanent projects in mind to provide housing for the growing number of students attending UNO.

“We are turning the property formally designated for a nursing home at the corner of 7th and S Streets into a male residence hall. We want to keep the females closer to campus, so the dorm we build across from the Shaw-Howard stop will house males. This project will also give us a chance to renovate Drew Hall,” divulges Chambers.

Residence Life is set to begin rebuilding the old Bethune Hall, located next door to the Bethune Annex. The Hall, at least 40 years old, fell below standards and needs to be replaced. Howard University is also looking at the possibility of renovating Shaw-Howard, and the Quad renovation on and Stout by the Carver Hall.

August 23, 2002

The Hilltop
Is Three Company or Just a Crowd?

By Derek Kindle
Editorial/Perspectives Editor

Triples? Huh? Who would have ever thought it would come to this? Upperclassmen who have already had their freshman experiences are now crowding the entrance to the Quad with their large freshman female residents. It may be that the Quad may not have enough room for the three of us. The Quad is in a strange place for an extended period of time. Although I can't say we feel our painsv, we know that whatever it is, you will learn to deal with incredible grace (wink).

For those who have had their freshman experiences without a third roommate, may be weary but then again, weren't we weary about just having one person to share our space with? Those in the triples, just imagine that same dorm room with no air, no cable, one phone line and no Internet/Ethernet or wireless Internet services (because that's exactly how it was for many upperclassmen). As many Howard students will tell you, it's all a part of that freshman year.

Now, this is not to say that every moment will be one that you enjoy. However, by the time you are finishing up your freshman year, you will be probably thanking God for those roommates and what the three of you have gone through that has made you so much stronger and closer. You are the freshmen to be admired by the freshmen who were able to battle through Howard's housing crunch and scoop up an extra roommate.

The Hilltop looks forward to hearing about your triple experiences (and wishes you luck in your right responses).

The Storm Isn't Over Yet: Howard Life 101

Whew, you just stood in your last line and now you have your Capstone Card and your coveted validation sticker in hand. Finally, the storm is over. Now you can relax go to your room and concentrate on what matters most: you will be doing from now until your senior year.

Well, newsflash...it's not over yet. Although it may appear that you have done everything there is to do, you're not finished! Yes, that's correct: you still have more storms on the way.

Howard University is about to put through a lot of things that you will have crying home for your parent and friends. You see, the "test," however convenient, contradicted it may be, will prepare you. If there is one thing that all Howard graduates in common is definitely the HU struggle. Seriously, just ask any Howard graduate. There are certain things that Howard students know about life and how to work through red tape and bureaucracy. Now you don't know exactly what we're talking about but not to fear, your lessons are coming soon.

While we have the chance we will mark and provide you with a few syllabuses for your "Howard Life 101 (1st semester)

Week 1:
• Learning to maximize living space in extreme heat
• Coping with being broke
• Avoiding crying over frustrations in public
• Winning yourself of daily calls home

Week 2:
• Getting along with roommates

Parental Advisory: Explicit Content

Every year it never ceases to amaze me how students' parents are calling and haraassing Howard's offices about their son's or daughter's (notice I didn't say "child") business.

You see, I wouldn't have a problem with this if the student wasn't supposed to be here to become a man or woman, gain some sort of independence or didn't act "grown" on all other occasions except those they feel like mom or dad can take care of a bit better.

This long distance parent phenomenon has really gotten out of control.

Parents: We know your "child" is very important to you and you want to make sure everything is done in their favor. However, you have to let them go. There comes a time in every parent that your "child" for the real world or they'll never make it. That time is now. No, not tomorrow; not next week; not after they get settled; or after their first year. NOW.

It's a shame how many students walk around campus in "La-La Land" not knowing how to deal with issues themselves. So instead of talking to Student Accounts, Residence Life or EM/Records, they run around on cell phones all day distracting their parents in various locations around the globe to ask them to take care of a matter that is literally feet away. No, I'm dead serious. This happens with seniors.

So when your "child" is 55 years old and calling you because they don't know how to deal a company to get things settled, don't blame your child; blame yourself. They may have been your "baby" (or always will be your "child") but it is really time you just let go and see how far your good parenting can go on its own.

If you believe that you have been a good parent, you should trust your child to make the right decisions and be able to handle this big big world on their own. At the end of the day, it should be more comforting to know that you taught your "child" how to deal with some major issue rather than you dealing with it yourself.

Now I'm not a parent myself and can't begin to imagine what "empty nest syndrome" feels like on the worriers associated with having a child away from your care. However, I can say that it is patible to see a bunch of young adults grown enough to run the streets and "club" unable to follow university calendar and on register on their own. Derek Kindle.

Derek Kindle Do not worry, they'll make it.

Tell us what you think!

Are three women to a room too many? Or is the University just doing what is needed to ensure everyone has a place to live?

Go to our website: www.thehilltoponline.com and participate in our poll, post a message to the message board or send a Letter to the Editor.

Poll results will be posted in the Friday August 30 issue of The Hilltop.

The Hilltop
August 23, 2002
Looking Forward
A Freshman’s View of the Capstone

Before making my decision to come to Howard University, I saw qualities in the school that caught my attention. My sister Avione always expressed her desire for the school. When she was a sophomore at Howard, I visited her on Easter weekend. Throughout my visit, I could see why she felt so strongly. The undergraduates were very friendly and showed me what Howard was like during the school year. Everyone made campus life seem completely different from living at home. It was amazing! They possessed a sense of freedom to do whatever they wanted, whenever they wanted. That sense of independence gave me the drive that made me want to go away to college. It was like a city inside a city, with thousands of people on campus. We had places to eat, a gym, a library, class and much more.

When I came to Howard and we walked so much, DC is made for tourists to walk; believe me, we did a lot of it! The only problem I could foresee would be the weather change from the climate in New Orleans (I heard it gets freezing in DC!).

Anyway, as my senior year continued, Howard gave me the best overall scholarship package from a college; it was a fun school with an overall scholarship package from a

Freshman
Chemistry/Pre-Med

A Note to the New Bison

Dear New Bison,

You have chosen Howard University to spend the next four years of your life. It is important for you to make these four years the best of your life: after this, it's all work. As you walk around campus in the fall or spring, you will see that Howard is a very special place. It is one of the few places in the nation where your class is, and trying to get a decent meal. All this before you even crack open your

Now in its 78th year, The Hilltop is published every Tuesday and Friday by Howard University students. With a readership of more than 100,000, The Hilltop is the largest Black collegiate newspaper in the nation. The opinions expressed on the Editorial Page are the views of The Hilltop Editorial Board and do not directly reflect the opinion of Howard University, its Administration, individual Policy Board members or the student body. The opinions expressed on the Perspecitives Page are those of the authors and do not represent the views of the Hilltop Policy Board. The Hilltop encourages its readers to share their opinions with the newspaper through letters to The Editor. All letters should include a complete address and telephone number.

Please send letters to: The Hilltop, 2251 Sherman Ave. NW, Washington, DC 20001. The Hilltop can also be reached via email at TheHilltop@Hotmail.com. The office phone number is 202-806-4001.

The Hilltop reserves the right to edit letters for space and grammatical errors. All letters must be submitted a week prior to publication.

August 23, 2002

The Hilltop
Its what we’re about.

The MOTIVATION to give our fellow students the best that we can possibly deliver.

The MOTIVATION to continue to be the #1 ranked black college newspaper in the country.

The MOTIVATION to do it twice a week.

The Hilltop, Since 1924